

DVY – 3.4.3 - CONTENTS

3.4.3 - Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc.

Sl. No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Page number
	Attested Copy of the list of activities			4 - 7
2015-16				
1	SWACH BHARATH ABHIYAN	NCC unit of GCW, 'Kanthari' and Lions Club.	Swachtha	8 -9
2016-17				
1	NSS day celebration,NSS adopted home poojapura	NSS unit , GCW, Tvpm	NSS	13
2	Blood donation camp	Sree chithra tirunal medicaltrust & NSS unit , GCW, Tvpm	NSS	16
2017-18				
1	NSS Day celebrations with the inmates of NSS adopted home at Poojappura	NSS unit, TVPM	NSS	21
2	Blood donation camp	NSS unit , GCW, Tvpm	NSS	22
3	Blood donation camp on international womens day	NSS unit , GCW, Tvpm	NSS	26
2018-19				
1	Flood relief camp – Collection point at the College organised by NSS unit and College	NSS Units,GCW	NSS	27
2	NSS day celebration Planted tree saplings at various parts of the campus. Launched Snehanidhi Proect (aimed to collect Rs.1/- per head from the college) Skill development program- Jewellery making	NSS Units,GCW	NSS	28
3	Cleaning of the Railwaystation premises, Trivandrum central and Premises of Kerala University Campus		NSS	28
4	Cyclothon programme, Save Flood Kerala	NSS Units,GCW	NSS	28
5	Adventure Campt at Kulu, Manali Attended by Devika Amarnath	Govt.of India	NSS	28
6	Cleaning at Kerala University Campus	University of Kerala	NSS	28
7	Launching of Srithi Project (Awareness of impact on climate change)	Collectorate, Thiruvananthapuram	NSS	29
8	Collection point in connection with Cyclone Gaja in Tamilnadu	Collectorate, Thiruvananthapuram	NSS	29
9	Survey on rural Empowerment at adopted village, Aryanad	UBA	NSS	29
10	National integration camp at sai gram, Kollam	Saigram, Kollam	NSS	29

11	Cleaning South Fort as part of Udyanam Programme	Collectorate, Tvpm	NSS	29
12	Blood Donation Camp	Nehru Yuva Kendra&	NSS	29
13	Bird monitoring programme at Museum Hall, Tvpm	WWF & Nehru Yuva Kendra	NSS	30
14	Green Army Orientation Class for Green Ponkala	Trivandrum Corporation	NSS	30
15	Volunteership in Green Ponkala	Trinvandrum Corportaion	NSS	30
16	Student Parliament Program March on Democracy - rally	Kerala Govt.	NSS	30
2019-20				
1	Maintaining green protocol and ensuring the availability of food and other essentials for the polling officials on the Loksabha election day at Chakka Govt. School, TVPM.	NSS Units,GCW	NSS	48
2	UDYANAM at Pattom and Mettukkada under UDYANAM Project	NSS Units,GCW	NSS	48
3	Under District Administration project C5 , Volunteered the Programme Udyanam, cleaned residential area at Perorkkada.	Haritham Eco Club, Peroorkkada	NSS	48
4	Paper basket making class for the students of 6th and 8th standard of St. Helen's School, TVPM.	NSS Units,GCW	NSS	48
5	Nattumarangal, Nanmamarangal Programme	IISER Vithura & Cgrist Nagar English Higher Secondary School.	NSS	49
6	Flood Relief Camp	Signature of Nishangandhi & Trivandrum Corporation	NSS	49
7	Special convocation ceremony in Kerala University Senate Hall, to honour Shri. Chris Gopalakrishnan and Jayant V Narikar	NSS Units,GCW	NSS	49
8	Walkathon Conducted by SUT Pattom as part of World Heart day.	NSS Units,GCW	NSS	49
9	State level leadership Camp entitled Trail 2019	BJM College Chavara	NSS	49
10	Blood Donation Camp	Nehru Yuva Kendra & HDFC Bank	NSS	49
11	Udyanam Project at Thirumala	NSS Units,GCW	NSS	50
12	Special convocation ceremony in Kerala University Senate Hall	NSS Units,GCW	NSS	50
13	Survey on the adopted village, Chengalchula, based on Anti Drug & Health Syner Initiative	NSS Units,GCW	NSS	50
14	Paper basket making class for the NSS Volunteers of All Saints College TVPM	NSS Units,GCW	NSS	50

15	Cycle Rally, related to the observation of Zero waste day, initiated by green army	NSS Units,GCW	NSS	51
16	Ensuring Green Protocol and Waste Management during Attukal Pongala	NSS Units,GCW	NSS	51
17	Awareness Classes for School Children - Engage to Change - Phase 2, Shishu Vihar school, Vazahuthacaud	UBA Extension Cell	UBA	52
18	Life Skill Training for School Children	Govt. Schools in adopted villages	UBA	52
19	Swachta Hi Sewa Campaign	Adopted villages	UBA	52
20	Poster Competition on World Pollution Day	Govt. Schools in adopted villages	UBA	52
21	Workshop on Scrap, Stitches and Meanings (two days) - Medha Bhatt, First Forest	UBA Extension Cell, Tribal women Panchayat and Students	UBA	52
22	Christmas sale	Women Entrepreneurs in Thiruvananthapuram	UBA	52
23	Awareness Session on Safe Menstrual Hygiene Practises and Medical Camp	Alumnae of Dept of Home Science	UBA	53
24	Green Marathon	NCC Personnels	NCC	61
25	Seminar on Disaster Management	NCC unit of GCW withCoast Guard	NCC	62
26	World YogaDay	NCC unit at Cotton Hill School	NCC	63
27	Kargil Vijay Divas Celebration	NCC unit at Senate Hall	NCC	65
28	Flood relief Programme	NCC Personnels	NCC	68
29	Swatch Bharat Mission Awareness Rally	NCC Unit	NCC	69
30	Blood Donation	NCC Unit	NCC	73
31	Cleaning of public park-Vellayambalam Square	NCC Unit	NCC	75
32	Road Safety Awareness	Bullet Queen-Shyni Rajkumar & Police Department	NCC	79

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs during the last five years (15) & 3.4.4 Average percentage of students participating in extension activities at 3.4.3. above during last five years (15)

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
SWACH BHARATH ABHIYAN	NCC unit of GCW, NSS Unit, 'Kanthari' and Lions Club.	Swachtha	2015 - 16	186
Number of students participated in 2015-16				186
NSS day celebration, NSS adopted home poojapura	NSS unit , GCW, Tvpm	NSS	2016 - 17	100
Blood donation camp	Sree chithra tirunal medical trust & NSS unit , GCW, Tvpm	NSS	2016 - 17	150
Average number of students participated in 2016-17				245
NSS Day celebrations with the inmates of NSS adopted home at Poojappura	NSS unit, TVPM	NSS	2017 - 18	100
Blood donation camp	NSS unit , GCW, Tvpm	NSS	2017 - 18	200
Blood donation camp on international womens day	NSS unit , GCW, Tvpm	NSS	2017 - 18	190
Average number of students participated in 2017-18				266
Flood relief camp – Collection point at the College organised by NSS unit and College	NSS Units, GCW	NSS	2018 - 19	20
NSS day celebration Planted tree saplings at various parts of the campus. Launched Snehanidhi Proect (aimed to collect Rs.1/- per head from the college) Skill development program- Jewellery making	NSS Units, GCW	NSS	2018 - 19	120
Cleaning of the Railway station premises, Trivandrum central and Premises of Kerala University Campus	NSS Units, GCW	NSS	2018 - 19	22
Cyclothon programme, Save Flood Kerala	NSS Units, GCW	NSS	2018 - 19	28
Adventure Camp at Kulu, Manali Attended by Devika Amarnath	Govt. of India	NSS	2018 - 19	1
Cleaning at Kerala University Campus	University of Kerala	NSS	2018 - 19	18



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Launching of Srithi Project (Awareness of impact on climate change)	Collectorate, Thiruvananthapuram	NSS	2018 - 19	170
Collection point in connection with Cyclone Gaja in Tamilnadu	Collectorate, Thiruvananthapuram	NSS	2018 - 19	10
Survey on rural Empowerment at adopted village, Aryanad	UBA	NSS	2018 - 19	12
National integration camp at sai gram, Kollam	Saigram, Kollam	NSS	2018 - 19	2
Cleaning South Fort as part of Udyanam Programme	Collectorate, Tvpm	NSS	2018 - 19	15
Blood Donation Camp	Nehru Yuva Kendra&	NSS	2018 - 19	198
Bird monitoring programme at Museum Hall, Tvpm	WWF & Nehru Yuva Kendra	NSS	2018 - 19	34
Green Army Orientation Class for Green Ponkala	Trivandrum Corporation	NSS	2018 - 19	20
Volunteership in Green Ponkala	Trivandrum Corportaion	NSS	2018 - 19	40
Student Parliament Program March on Democracy - rally	Kerala Govt.	NSS	2018 - 19	118
Average number of students participated in 2018-19				243
Maintaining green protocoal and ensuring the availability of foof and other essentials for the polling officials on the Loksabha election day at Chakka Govt. School, TVPM.	NSS Units,GCW	NSS	2019-20	100
UDYANAM at Pattom and Mettukkada under UDYANAM Project	NSS Units,GCW	NSS	2019-20	80
Under District Administration project C5 , Volunteered the Programme Udyanam, cleaned residential area at Perrorkkada.	Haritham Eco Club, Peroorkkada	NSS	2019-20	75
Paper basket making class for the students of 6th and 8th standard of St. Helen's School, TVPM.	NSS Units,GCW	NSS	2019-20	27
Nattumarangal, Nanmamarangal Programme	IISER Vithura & Cgrist Nagar English Higher Secondary School.	NSS	2019-20	53
Floof Relief Camp	Signature of Nishangandhi & Trivandrum Corporation	NSS	2019-20	100

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Special convocation ceremony in Kerala University Senate Hall, to honour Shri. Chris Gopalakrishnan and Jayant V Narikar	NSS Units,GCW	NSS	2019-20	40
Walkathon Conducted by SUT Pattom as part of World Heart day.	NSS Units,GCW	NSS	2019-20	52
State level leadership Camp entitled Trail 2019	BJM College Chavara	NSS	2019-20	1
Blood Donation Camp	Nehru Yuva Kendra & HDFC Bank	NSS	2019-20	125
Udyanam Project at Thirumala	NSS Units,GCW	NSS	2019-20	11
Special convocation ceremony in Kerala University Senate Hall	NSS Units,GCW	NSS	2019-20	49
Survey on the adopted village, Chengalchula, based on Anti Drug & Health Syrver Initiative	NSS Units,GCW	NSS	2019-20	94
Paper basket making class for the NSS Volunteers of All Saints College TVPM	NSS Units,GCW	NSS	2019-20	32
Cycle Rally, related to the observation of Zero waste day, initiated by green army	NSS Units,GCW	NSS	2019-20	22
Ensuring Green Protocol and Waste Management during Attukal Pongala	NSS Units,GCW	NSS	2019-20	100
Awareness Classes for School Children - Engage to Change - Phase 2, Shishu Vihar school, Vazhuthacaud	UBA Extension Cell	UBA	2019-20	12
Life Skill Training for School Children	Govt. Schools in adopted villages	UBA	2019-20	20
Swachta Hi Sewa Campaign	Adopted villages	UBA	2019-20	40
Poster Competition on World Pollution Day	Govt. Schools in adopted villages	UBA	2019-20	40
Workshop on Scrap, Stitches and Meanings (two days) - Medha Bhatt, First Forest	UBA Extension Cell, Tribal women Panchayat and Students	UBA	2019-20	30
Awareness Session on Safe Menstrual Hygiene Practises and Medical Camp	Alumnae of Dept of Home Science	UBA	2019-20	35
Christmas sale	Women Entrepreneurs in Thiruvananthapuram	UBA	2019-20	12



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Green Marathon	NCC Personnels	NCC	2019-20	25
World YogaDay	NCC unit at Cotton Hill School	NCC	2019-20	90
Seminar on Disaster Management	NCC unit of GCW withCoast Guard	NCC	2019-20	5
Kargil Vijay Divas Celebration	NCC unit at Senate Hall	NCC	2019-20	20
Flood relief Programme	NCC Personnels	NCC	2019-20	69
Swatch Bharat Mission Awareness Rally	NCC Unit	NCC	2019-20	130
Blood Donation	NCC Unit	NCC	2019-20	150
Cleaning of public park-Vellayambalam Square	NCC Unit	NCC	2019-20	70
Road Safety Awareness	Bullet Queen-Shyni Rajkumar & Police Department	NCC	2019-20	149
Average number of students participated in 2019-20				264



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1 KERALA GIRLS BN NCC
REPORT ON SWACH BHARATH ABHIYAN
(2ND OCTOBER 2015)

LT.DR.ASHA.G
ANO

The NCC Students of Govt College for Women celebrated Gandhi Jayanthi on Oct 2nd 2015. The programme started at 9 a.m by cleaning the college campus , NCC room and its surroundings. Each student worked hard with full energy and enthusiasm and with the spirit of togetherness. The cleaning session ended by 11 a.m.

After the cleaning programme we conducted another programme related to plastic awareness. It was coordinated by 'Kanthari' and Lions Club.

Kanthari is an international organization we promotes and works for a plastic free world. They spoke about the hazards of the usage of plastic and the Environmental problems it causes by its disposal. They took a lot of effort to show us how our country is affected and a what is the current situation of our country in waste management. They provided us many solutions to keep our homes and places clean and also reduce the use of plastics. They also advised us on how we can make our country clean. They made the programme live by skit and video presentation. NCC cadets had a good interaction with the Keniyan Team.

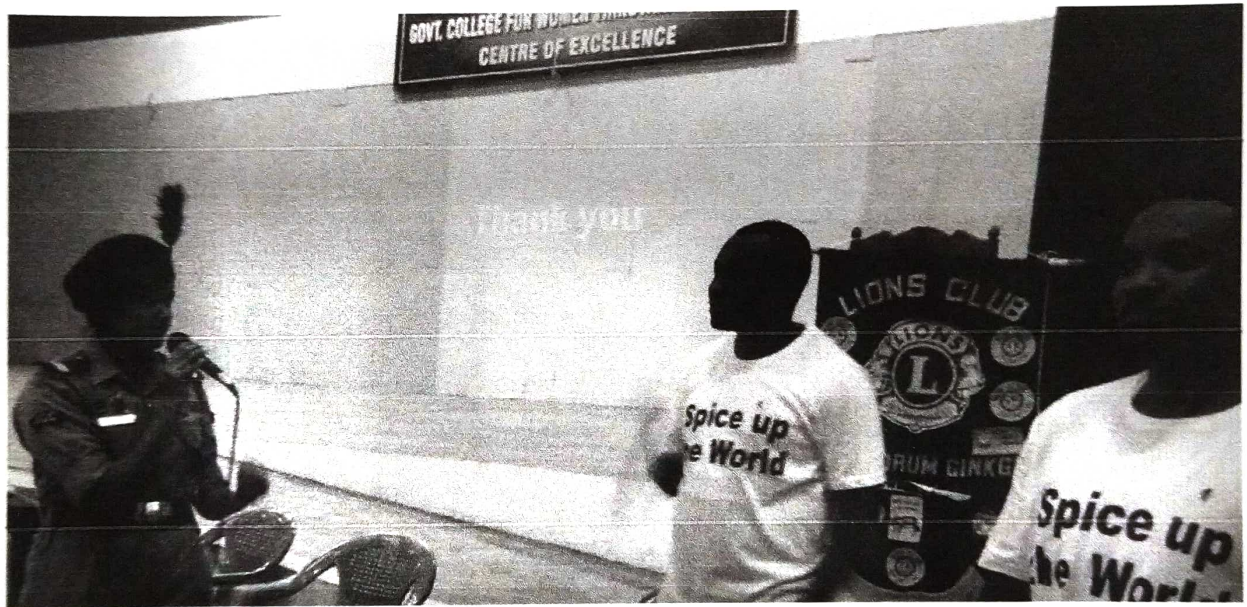
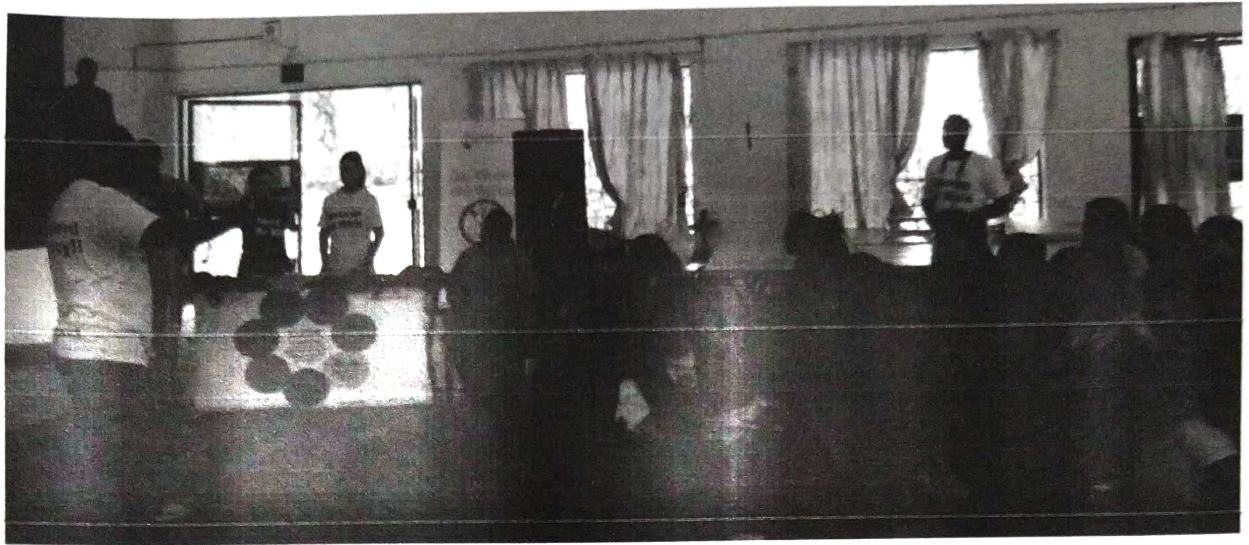
On the whole the programme was very effective in such a way that it motivated us to make a small effort to reduce the use of plastic to keep our campus and house clean. The programme was committed to a dream and a plan to create a mindset change in their community. The result of such project was positive social change or awareness. The participant was highly motivated, driven and creative in order to may it a reality.



Done
Dr. Shabana Hashim
NCC Officer
Asst. Prof. of Hindi
Department of Hindi
Govt. College for Women
Thiruvananthapuram



Principal
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THIRUVANANTHAPURAM-14



Bhane
 Dr. Shabana Habeeb.
 NCC officer
 Asst. Professor
 Department of Hindi
 Govt. College for Women
 Thiruvananthapuram - 14



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ANNUAL REPORT OF
NATIONAL SERVICE SCHEME



GOVT. COLLEGE FOR WOMEN
VAZHUTHACAUD
THIRUVANANTHAPURAM
(UNIT 04 A & B)
2016-2017

Programme officers

1.Smt. Salini. C

(Dept. Of Hindi)

2.Smt. T. Raji

(Dept. Of English)

Salini

T. Raji

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20/11/19



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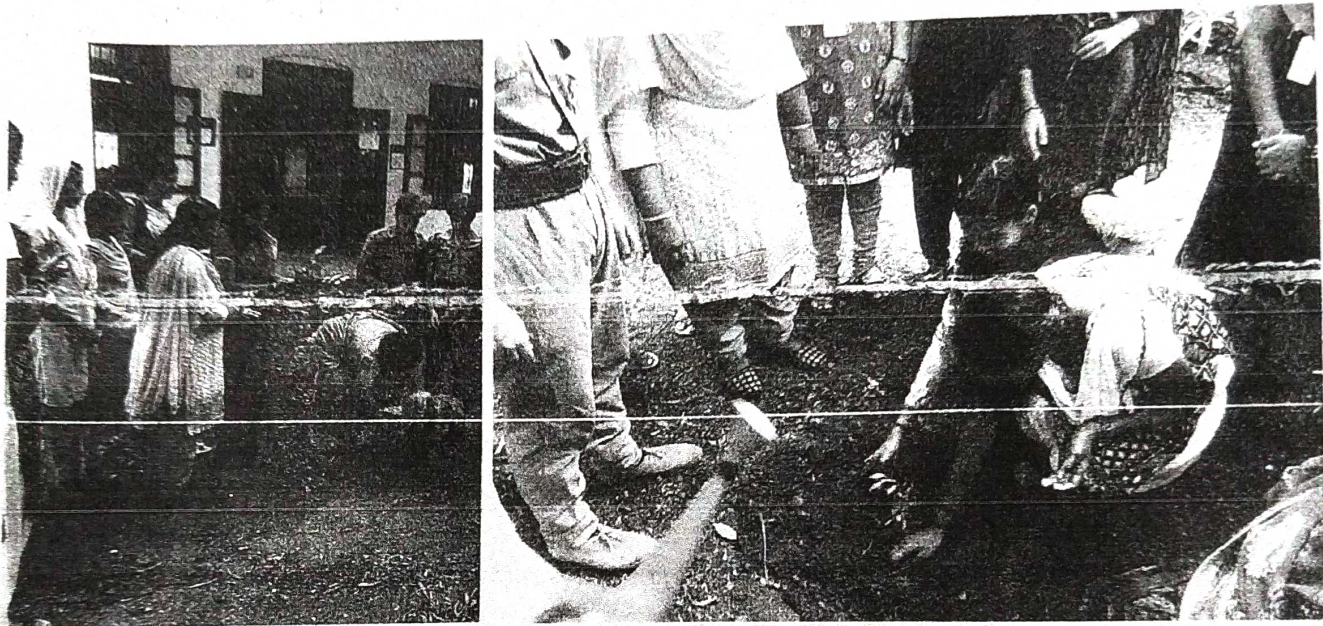
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THIRUVANANTHAPURAM-14

IMPORTANT ACTIVITIES 2016-2017

1. 5/6/2016

WORLD ENVIRONMENTAL DAY

We celebrated 'The world Environmental Day' in such a way that we cleaned the whole campus and planted trees under the leadership of Dr. Ushakumary Teacher, the Principal in charge. An awareness class was also conducted in which 150 NSS volunteer were participated.



2. 21/06/2016

YOGA DAY CELEBRATION

Yoga day was also observed on 21/06/2017 in the campus. An awareness class was taken by the renowned Yogacharyan Mr. Prasad.

3. 15/08/2016

INDEPENDENCE DAY

On the Independence day, the Principal in charge of that period Dr. Sherly Valanthara hoisted the flag and delivered a speech conveying Independence Day message. In this programme about 150 volunteers participated and the day celebrated with cheer and pomp.

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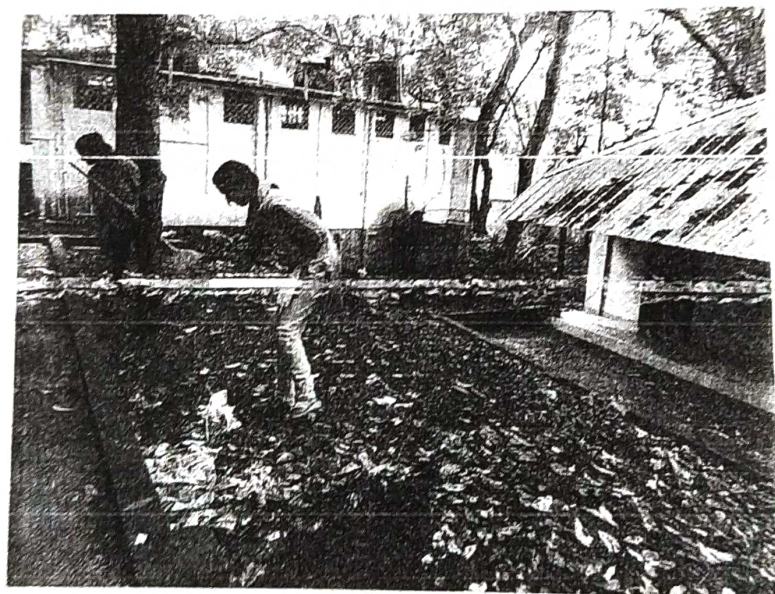
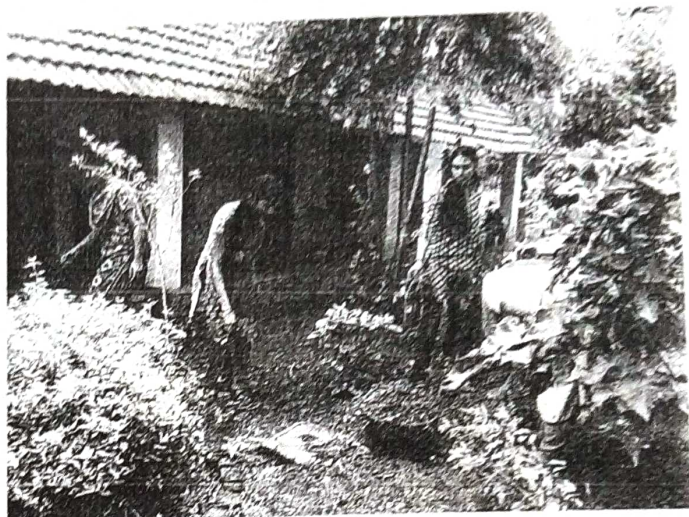
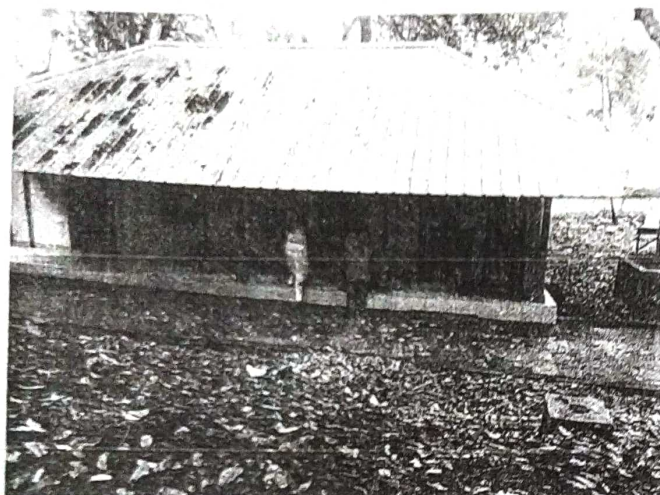
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10/09/2016

CAMPUS CLEANING

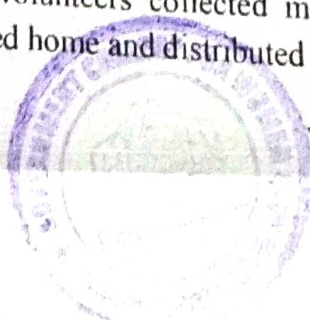
Campus Cleaning with the participation of 100 volunteers, participated a cleaning programme was conducted quite successfully. During the occasion, a vegetable garden was made with the co-operation of the principal incharge Dr. D. Ushakumary. She handed over the seedlings to the volunteers following it an awareness class was taken.



24/09/2016

NSS DAY CELEBRATION

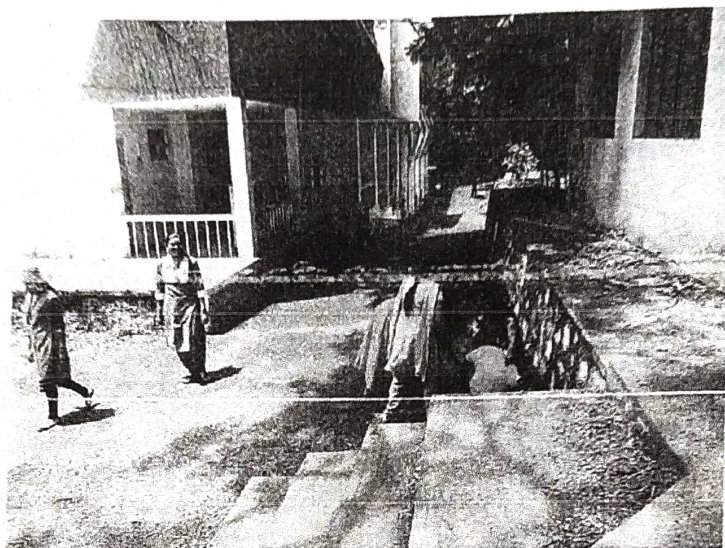
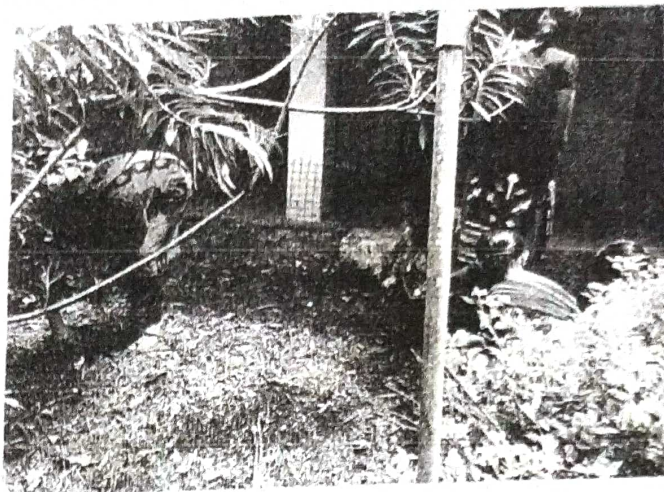
As part of NSS Day Celebration the NSS volunteers visited 'THE NSS, Adopted Home at Poojappura. The volunteers collected many cloths and stationeries for the inmates of the adopted home and distributed it among them.



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8. 05/12/2016

AWARENESS CLASS OF ADOLESCENTS

Dr. Sheeja R.K, the senior surgeon General Hospital delivered a talk on 'Problems of Adolescents'. 90 volunteers participated.

9. 16/12/2016

SKIN CARE MEDICAL CAMP

A Medical Camp on Skin Care was organized under the leadership of Dermatologist from PRS Hospital Dr. Savitha. Teacher, non-Teaching staff and students got benefited of this campus.

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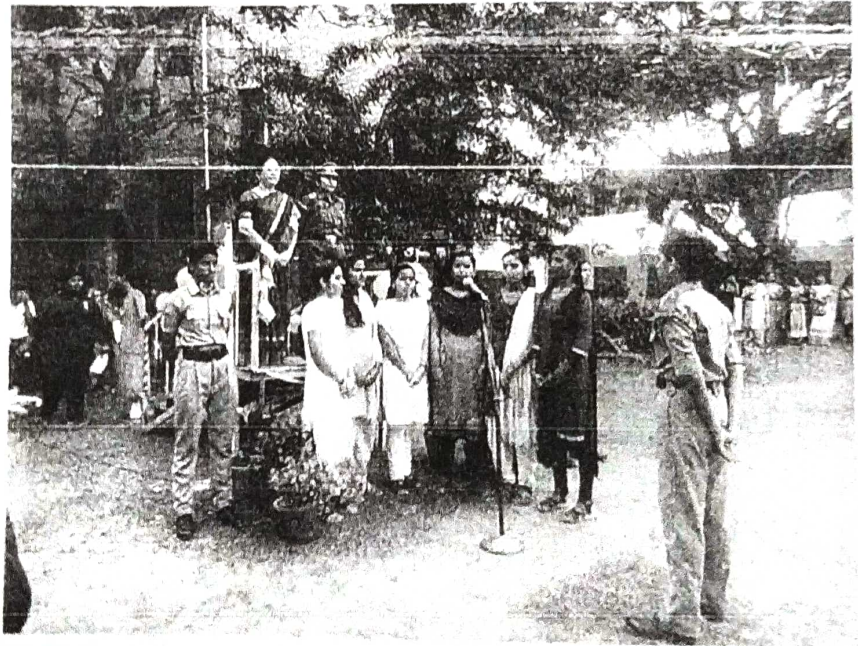
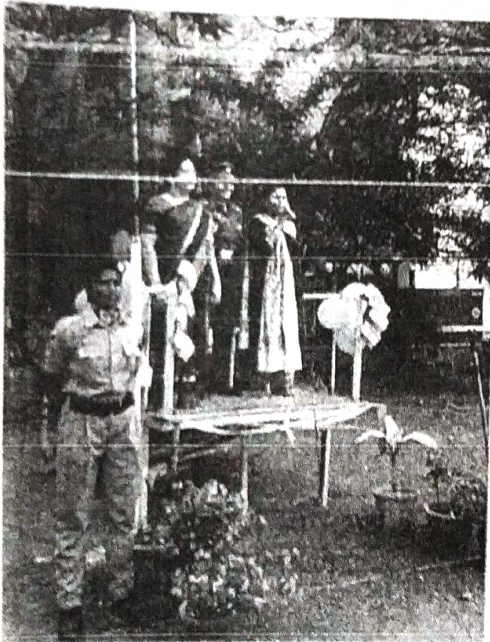
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10. 26/01/2017

REPUBLIC DAY CELEBRATION

Dr. Anitha Damayanthy hoisted flag of Republic Day. Connected with this day a few programmes were also held.



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11. 17/02/2017

ORIENTATION PROGRAMME

An orientation was conducted based on the topic 'Personality Development' 100 volunteers participated in it.



12. 21/02/2017

BLOOD DONATION CAMP

Under the auspices of the NSS unit of Women's College and Sree Chithra Thirunal Medical Trust, a Blood Donation camp was organized in which the inaugural ceremony was done by the Principal of Women's College. She delivered a speech on ' RAKTHADANAM MAHADANAM' 150 volunteers participated in this programme.



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13. 29/02/2017

INDIVIDUAL AND CLEANLINESS

Dr. Greeshma the chief consultant of SK Hospital, Pangode delivered speech on this topic 125 volunteers were participated.

14. 04/03/2017

CAMPUS CLEANING

Every corner of the campus was cleaned with the sincere effort on 200 NSS volunteers.

15. 08/03/2017

WOMEN'S DAY CELEBRATION

In connection with Women's Day there was a talk by the sernior Doctor of SK Hospital, Dr. Thankam. Poster design competition was organized 150 volunteers participated in the various programmes.



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ANNUAL REPORT OF
NATIONAL SERVICE SCHEME



GOVT. COLLEGE FOR WOMEN
VAZHUTHACAUD
THIRUVANANTHAPURAM
(UNIT 04 A & B)
2017-2018

Programme officers

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IMPORTANT ACTIVITIES OF 2017-2018

1. 05/06/2017

WORLD ENVIRONMENTAL DAY

On June 15th 2017 the NSS unit of Women's College organized various programmes like planting tree, poster designing competition and awareness classes along with cultural programmes.



2. 21/06/2017

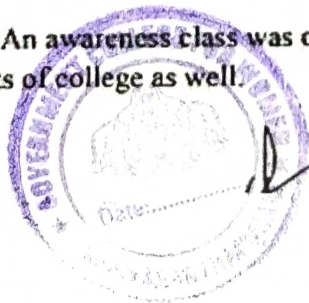
YOGA DAY

A class on Yoga was conducted by the former student of Govt. College for Women. All the volunteers could learn the basic lessons of Yoga.

3. 30/06/2017

GREEN AND CLEAN CAMPUS

An awareness class was organized for the NSS volunteers and the whole students of college as well.



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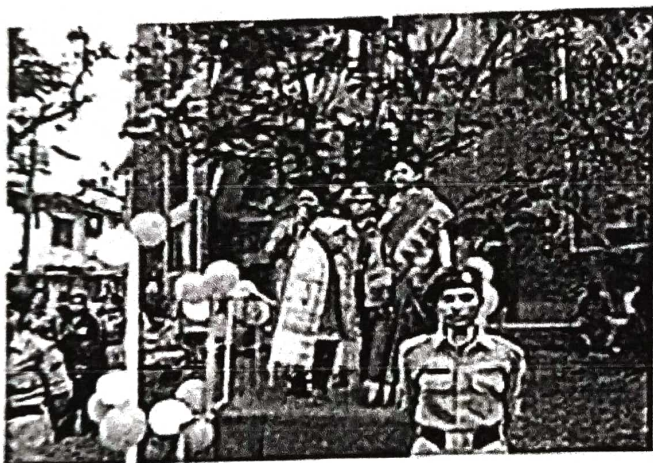
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4. 15/08/2017

INDEPENDENCE DAY CELEBRATION

On Independence Day the national flag was hoisted by Dr. Shanthi, the principal charge of the college. She delivered a speech on Independence day. The NSS volunteers participated in this programmes.



5. 19/08/2017

CYBER CRIMES

An awareness class on Cyber Crimes was taken by Mr. Vinod from the department of Police.

6. 21/08/2017

ANTI-TOBACCO DAY

The day was observed with the inauguration by the Excise Commissioner Rishi Raj Singh. A play was also performed conveying a great message about the bad effects of tobacco.



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7. 16/09/2017

PLASTIC FREE CAMPUS

Under the leadership of Dr. P.N. Prasad the former programmes officer of NSS unit Govt. College for Women plastic waste were collected from every corner of campus and handed it over to Red FM.



8. 24/09/2017

NSS DAY CELEBRATION

The NSS volunteers celebrated the NSS day with the inmates of the NSS adopted home at Poojappura.



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9. 02/10/2017

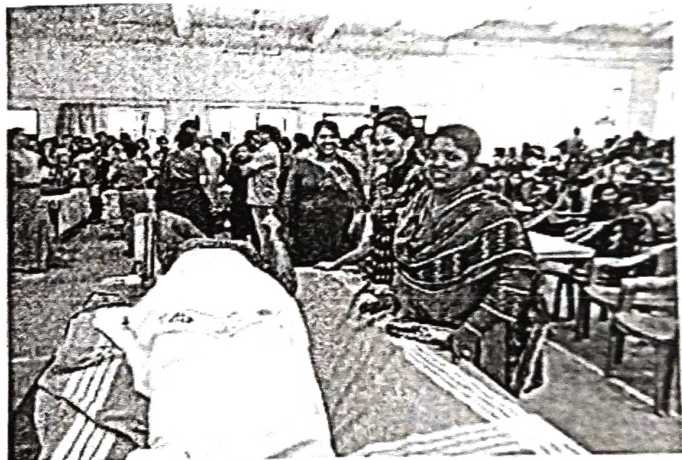
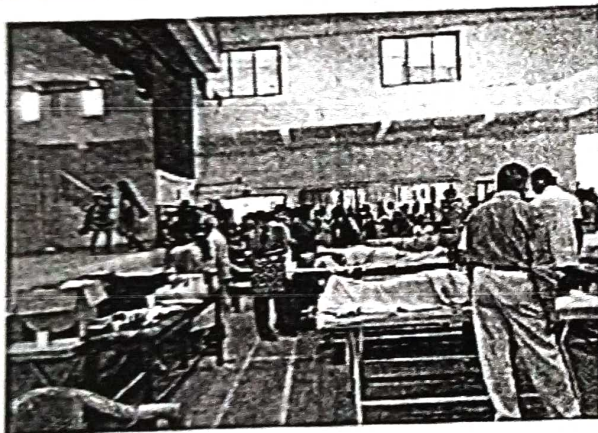
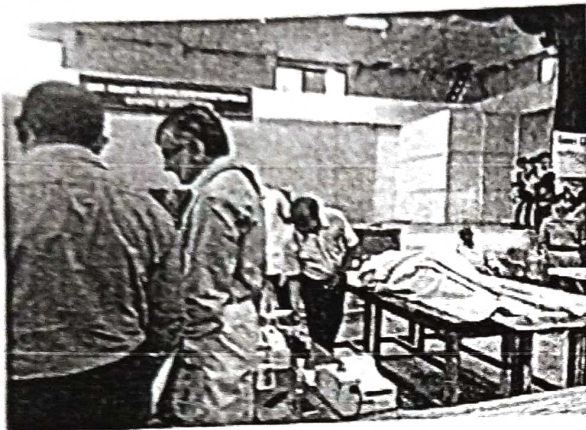
GANDHI JAYANTHI DAY

The programme officers conducted poster designing competition for NSS volunteers. The winners were awarded.

10. 06/10/2017

BLOOD DONATION CAMP

Organized Blood Donation camp in the campus.



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11. 28/10/2017

SKILL DEVELOPMENT

An awareness class was organized for the NSS volunteers about Skill Development. Tests were also conducted



12. 28/10/2017

SAFTY RIDING PROGRAMME

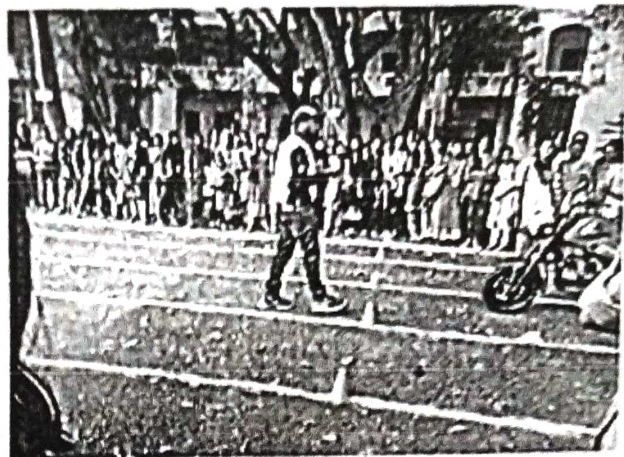
It was a combined effort of Marikar Motors and the NSS unit of women's college. A class was given about traffic rules.



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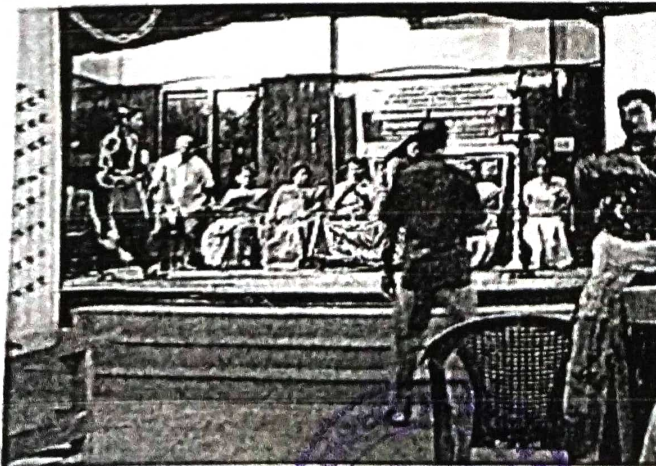


13. 03/11/2017

Collection sign of Principal

LIFESTYLE DISEASES

A seminar and awareness class was organized about lifestyle diseases. The Deputy Mayor Rakhi Ravikumar inaugurated this function Dr. Arun Sankar took a class about lifestyle diseases.



T. RASI

T. Rasi

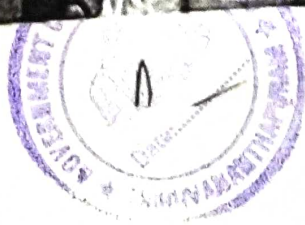
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NANTHAPUR

14. 15/02/2018

SASTHRAYAN 2018

The NSS unit of Women's College performed very well with various duties entrusted with them. This programme was conducted by the science Department of College.



T. RASI

B. Kari

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15. 12/03/2018

BLOOD DONATION CAMP

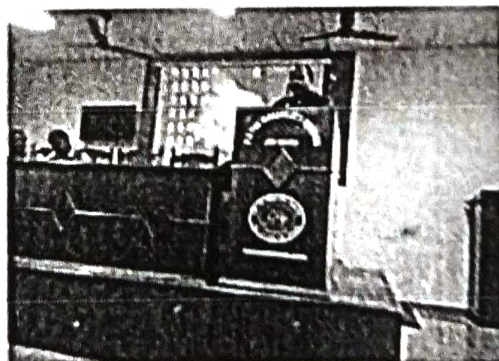
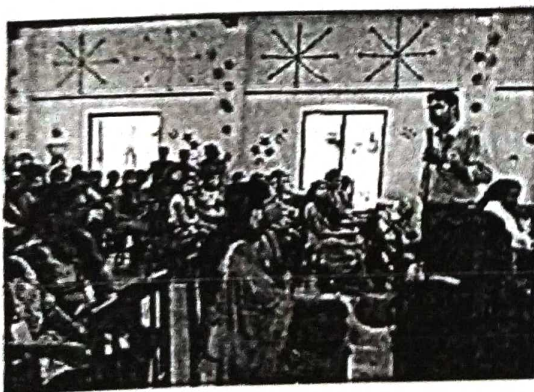
A Blood Donation Camp was conducted on international Women's Day.



16. 18/03/2018

AWARENESS CLASS TRAFFIC RULES – TRAFFIC RULES

The Civil Police officer Asha Gopan took a class on traffic rules.



T. RASI

B. Rasi



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THIRUVANANTHAPURAM-1

NSS REPORT 2018 – 2019

"NOT ME BUT YOU"

National service scheme is an initiative which is focusing one's "Personality development through social service ". Thus NSS is always act as a student centered programme . NSS provides us enough room for understanding people whom the volunteers are likely to serve in their later life. By this education is made more powerful and meaningful.

In such a way Govt.College For Women ,Vazhuthacaud , NSS unitNo.4 A& B, is acting as a model and proof for complete justice towards it.Dr. Santhi P, HOD of Tamil Department, was the programme officer for the academic year 2018-19.varieties of awareness classes, orientation programmes, seminars ,discussions, cleaning initiatives etc were conducted by our unit. All these reflected their impacts in various streams of life of individuals .It helped us to touch the soul of NSS objectives .

Last year we started our activities with Environment day celebration on 5th June .The day was observed by planting saplings inside the campus, conducting poster writing competition , followed by an exhibition on it .Then we celebrated International Yoga day on 21st June by conducting Yoga classes within the campus . A Motivational class about 'Relavance of Morality in the Practical World' taken by Dr.Radharani P on July 21st at the college campus.

We observed the Independence day on 15th August by doing varieties of cultural programmes after hosting the flag. Our volunteers also took part in flood relief material collection camp from 16th August to 19th August in the College Assembly hall by this we collected and distributed various commodities to Govt College, Ambalappuzha relief camp.

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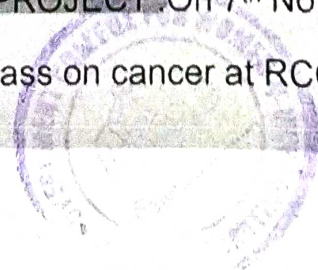
On 8th September we cleaned the campus. In it we were able to collect a heap of plastic wastes from the campus. We also started our preparations for the kitchen garden by the day. Days after we observed NSS Day on 24th September. On the day we planted saplings on various parts of our campus, launched 'SNEHANITHI PROJECT' [collecting Rs. 1 per day per volunteer] by which we handed over Rs. 5000 to RCC Trivandrum and conducted a skill development programme in jewellery making. The day ended up with various cultural activities by our volunteers. On 29th September we gave training to our volunteers on paper basket making. About 20 paper basket were made by them.

We observed on 2nd October by cleaning Trivandrum railway station and the University campus under the scheme 'SRAMADAAN'. On 4th October as a part of 'Clean Campus Green Campus' we launched our paper baskets. On the day we also conducted a magic show in association with Nehru Yuva Kendra on Swatchatha Awareness. Then from 11th October to 13th October our volunteers took part in awareness classes called 'NADIYODOPPAM' at Kerala University Senate Chamber. On 15th October as a part of cancer day celebration we conducted an awareness class on cancer and breast cancer screening facility called 'SNEHATHALAM' in association with Swasthi Foundation. Then by 21st October our volunteers took part in a CYCLOTHON programme to save flood Kerala using cycling from East Fort to Nemom. Our volunteer, Kumari Devika Amarnath, took part in an ADVENTURE CAMP at Kulu Manali from 12th October to 21st October.

On 3rd November our volunteers cleaned university campus as a part of 'SRAMADAAN PROJECT'. On 7th November our volunteers took part in an awareness class on cancer at RCC, Trivandrum. We were

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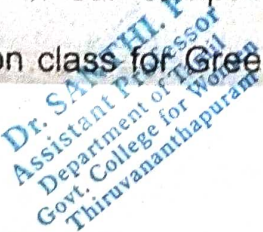
able to provide a platform for District Collector ,Dr.Vasuki IAS to launch 'SRITHI PROJECT'[awareness impact on climate change] on 13th November in our campus . On 10th to 12th November ,our volunteers engaged in collection cloths,food items etc. for GAJA Cyclone and were contributed to Tamilnadu . From 23rd November to 25th November our volunteers conducted a survey on Rural Empowerment in adopted village Aryanad.

As a part of volunteership day on 5th December our volunteers cleaned the campus . We were able to remove a large number of plastics from the campus. Two of our volunteers Kumari Amrutha and Bhavana took part in National integration camp at Saigram , Kollam from 10th December to 16th December. Our volunteers took part in ' NARANGAMITTAI' quiz competition at Gandhi Bhavan on 29th December .


On 12th January our 30 volunteers cleaned South Fort as a part of 'UDYANAM' Programme conducted by Trivandrum Collectorate. January 19th volunteers cleaning the college campus as a part of sramdhan. We observed Republic day celebration on 26th January by performing varieties of cultural events on the day.

Two of our volunteers took part in Debate club program from 2nd February to 3rd February . 3rd February we were able to conduct a blood donation camp within our campus and an exhibition on Cancer on 4th February .An awareness class on positivity and class on Law was conducted by us on 5th February . Its relevance reflected on its impacts on listeners . We were able to provide a platform for District Collector ,Dr.Vasuki IAS to initiate a volunteer formation programme on 8th February in our campus. Our volunteers attended the Green army orientation class for Green Pongala at Trivandrum cooperation on 13th


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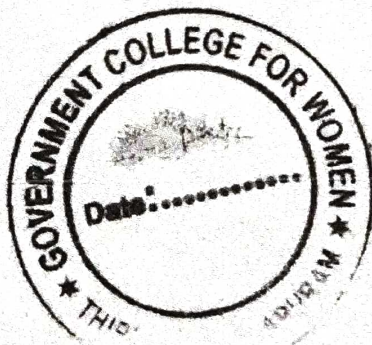

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February. Our volunteers took part in Bird monitoring programme conducted by WWF on 15th February on Museum Hall

Our volunteers did their volunteership in Green Pongala from 19th February to 20th February. Their work were appreciated by the authority. Our volunteers took part in STUDENT PARLIAMENT program from 23rd February to 24th February. They also became a part of 'MARCH ON DEMOCRACY' on 25th February as a conclusion for it.

We pulled out the curtain for our annual work by cleaning the campus on 10th March as a part of 'SRAMADAAN' Project. Our volunteers took their extreme effort to make the campus clean and green.

We are really proud to present this ANNUAL REPORT. As the above activities influenced a lot and acted as helping hands for many.



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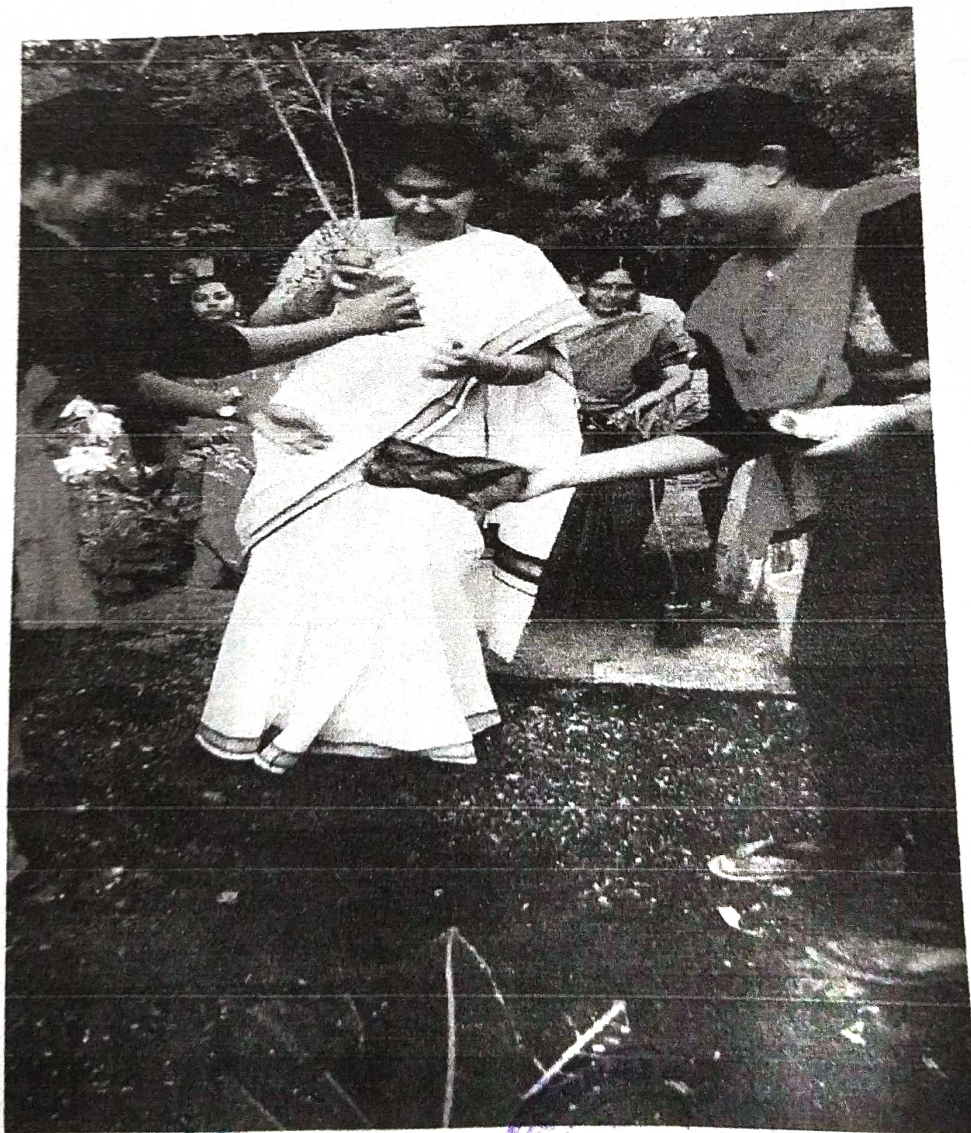
NSS ANNUAL REPORT 2018-19
SECTION 1

REGULAR ACTIVITIES WITHIN AND OUT OF
THE CAMPUS

ENVIRONMENTAL DAY CELEBRATION

5 JUNE 2018

As part of Environmental day celebration saplings were planted inside the campus and conducted poster writing competition and exhibition.



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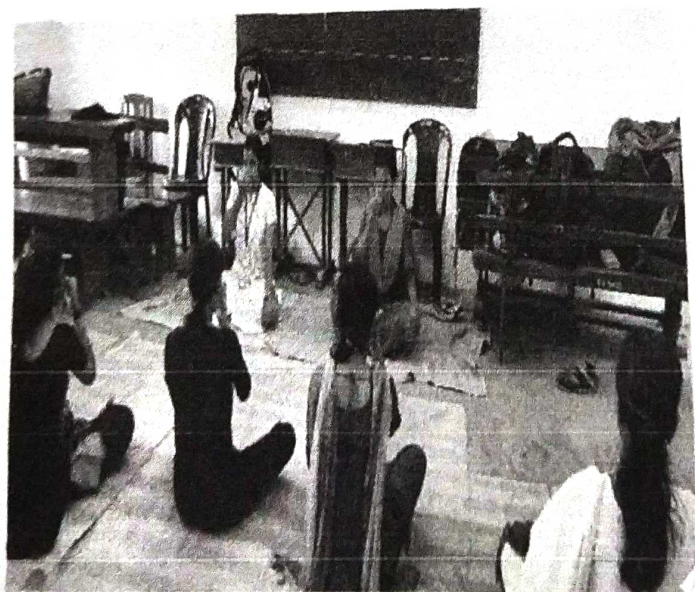
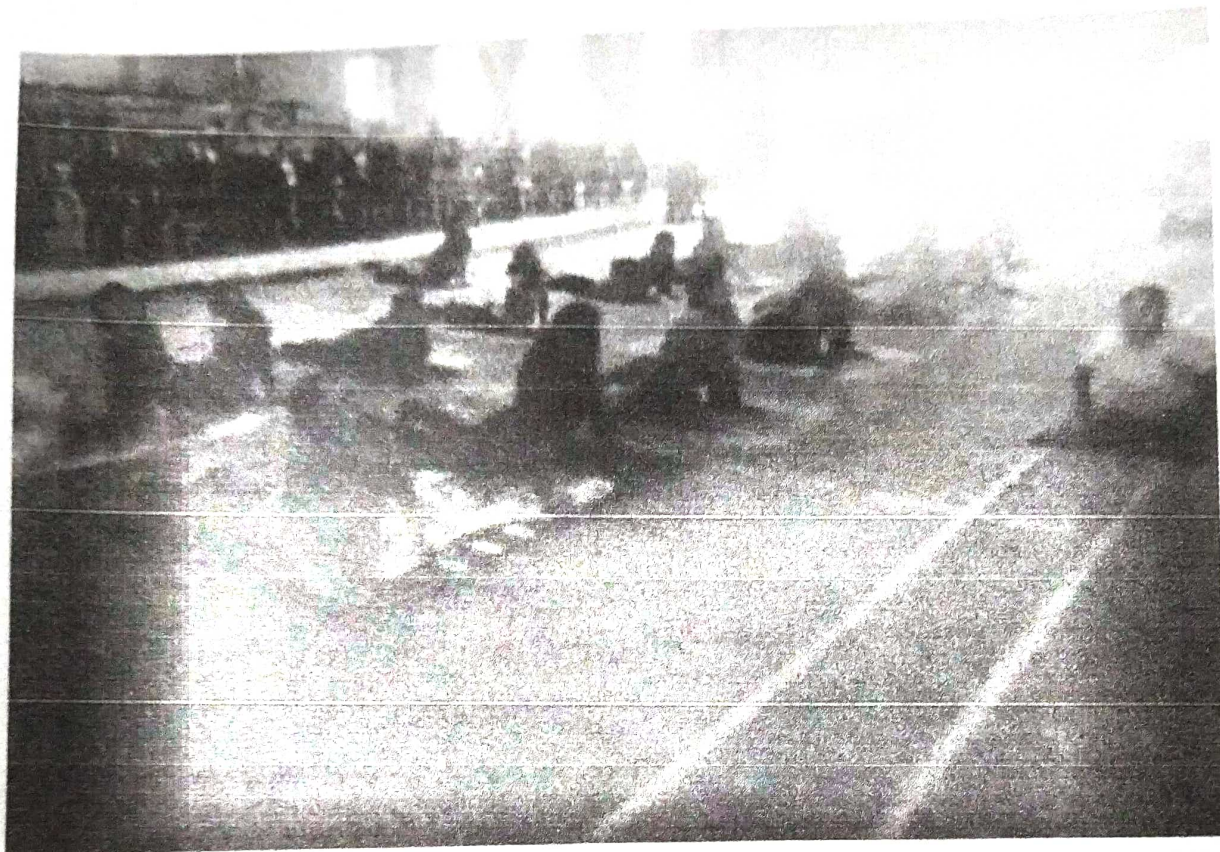
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YOGA DAY

21 JUNE 2018



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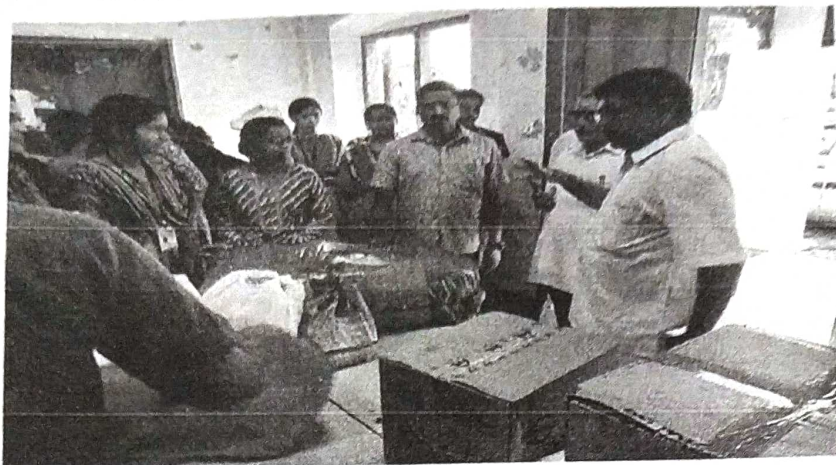
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FLOOD RELIEF CAMP ACTIVITIES

16-19 AUGUST 2018



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CAMPUS CLEANING

8 SEPTEMBER 2018



Under the leadership of NSS volunteers, college campus was cleaned



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NSS DAY CELEBRATION

24 SEPTEMBER 2018

As part of NSS Day celebration a project called Snehanidhi was launched



Jewellery Making training



The project aims to give some financial aid to cancer patients in which the volunteers save Rs.1/day and contribute it to the project. Also saplings were planted, volunteers were given skill training in Jewellery making and various cultural programmes were conducted.

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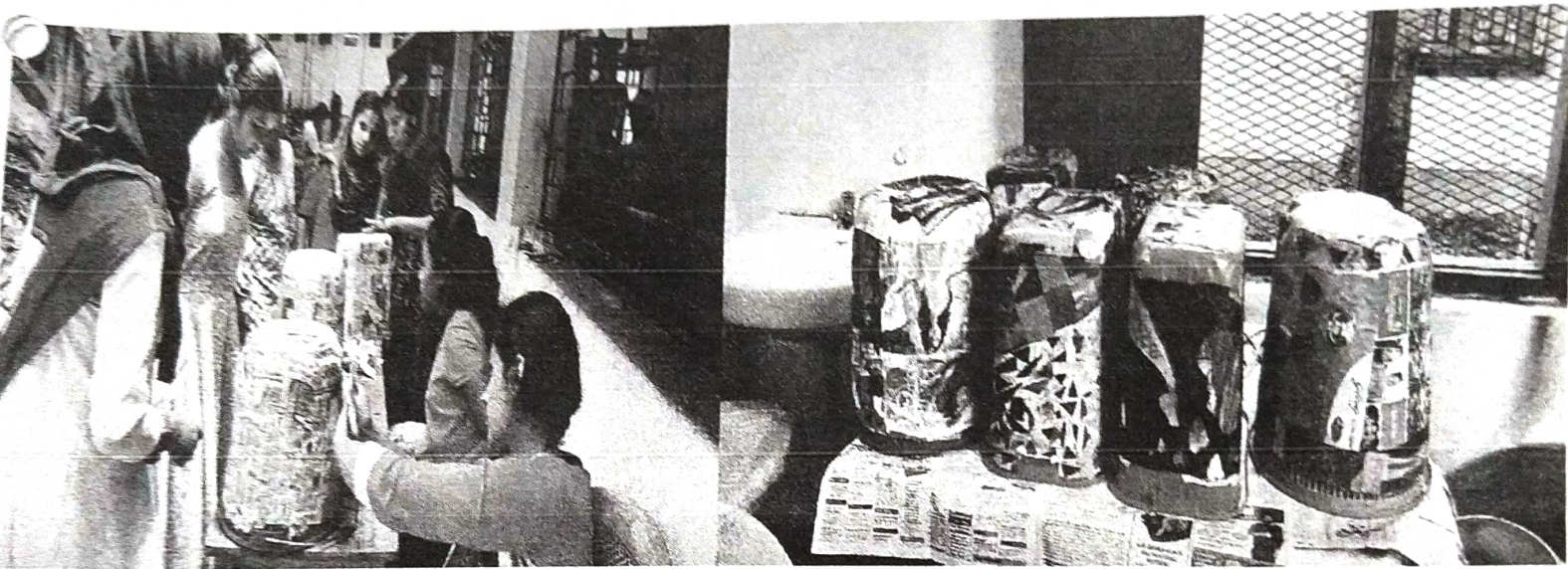
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PAPER BASKET MAKING

29 SEPTEMBER 2018

In order to develop a plastic free campus 20 paper baskets were made by the volunteers and also the remaining plastics were recycled into useful materials.



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University Campus Cleaning on 2nd October



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4 OCTOBER 2018

4 OCTOBER 2018

In order to spread the message Clean Campus Green Campus, a magic show was conducted in association with Nehru YuvaKhendra

കേരള നവോത്ഥാന സമാജം അംഗീകൃത പരീക്ഷകൾക്ക് പാത്രം. അഞ്ചാം ക്ലാസ്സ് വരെയുള്ള വിദ്യാർത്ഥികൾക്ക് ഉപയോഗപ്രദമാണ്.

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കുറുകൾ ഉപയോഗിച്ചാണ്
നവരവിജയം എന്നാണ് കേരള
മാർഗ്ഗനിർദ്ദേശാലയം
അറിയിച്ചത്. കോ - ഓർഗനൈസേഷൻ
യെ കോർഡിനേറ്റ് ചെയ്താണ്
പി കെ സിറീസ് മാനിജിയറായ
വെ നോട്ടബുക്ക് നൽകിയിട്ടുള്ള
അ ക്ലാസ്സ് കോർഡിനേറ്റർ
എന്ന നിലയിലാണ് കോർഡിനേറ്റ്
ചെയ്യുന്നത്. സാമ്പത്തിക വിഭാഗം
ഇതിൽ സാമ്പത്തിക വിഭാഗം
ഇതിൽ സാമ്പത്തിക വിഭാഗം
ഇതിൽ സാമ്പത്തിക വിഭാഗം

உயர்நீதிமன்றத்தின் மூலமாக
 உத்தரவு பிறப்பித்து, கீழ்க்கண்ட
 விவரப்படி நடவடிக்கை மேற்கொள்ள
 வேண்டும்.



and the paper basket was officially launched in the campus.

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SNEHATHALAM

15 OCTOBER 2018

- Cancer awareness class and screening by Swasthi Foundation



- Kuttipattuprogramme was conducted.

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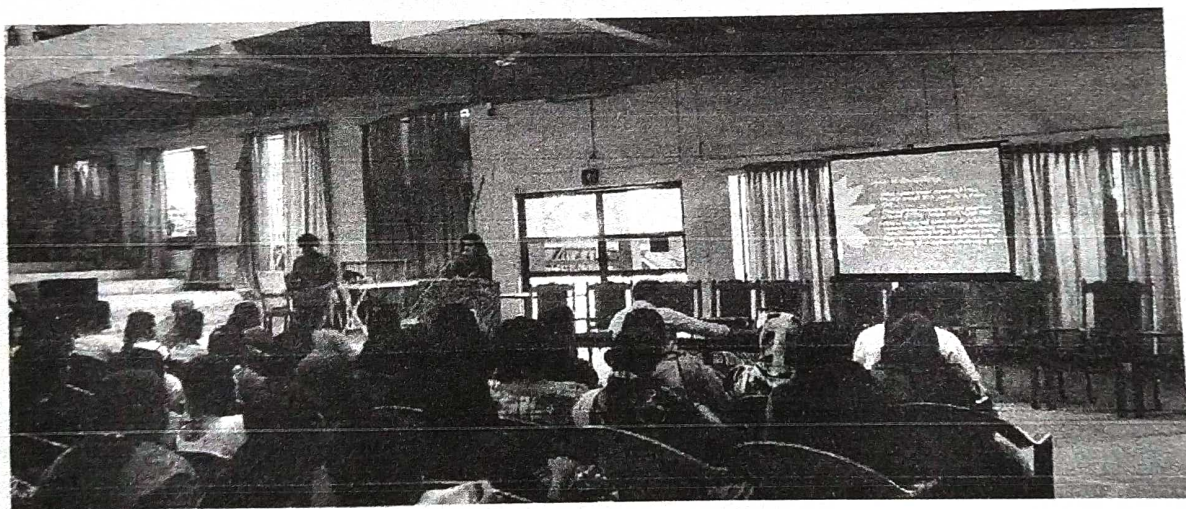
CAMPUS CLEANING

03RD NOVEMBER 2018



Sthithi project launch

13 NOVEMBER 2018

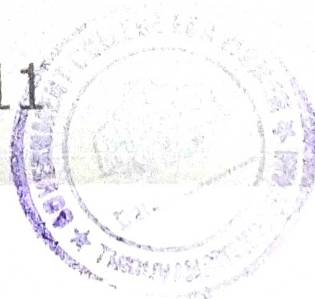


- Awareness class on impacts of climate change was taken by trivandrum district collector Dr K Vasuki IAS
- Project Sthithi to build a sustainable environment was launched by the District Collector.

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GAJA CYCLONE RELIEF ACTIVITIES

10-12
28-11 NOVEMBER 2018

A relief camp material collection for

Gaja Cyclone was organized in the college.

Various materials were collected and

distributed to the affected areas.



12



Shirley

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Cancer Awareness Class at RCC Trivandrum.

7/11/2018



Cleaning the College Campus on December 5th



13



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Naarangamittai Programme on December 29th at Gandhibhavan



Udyanam Programme at South Fort on January 12th



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Republic day celebration

26 JANUARY 2018



HAIR DONATION AND BLOOD DONATION CAMP

4 FEBRUARY 2019

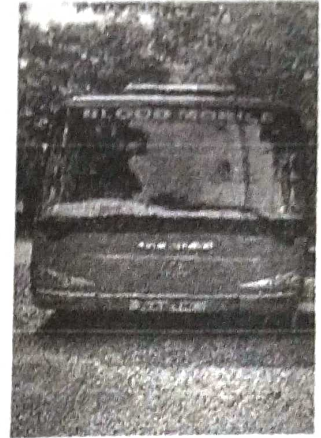
- The college NSS Unit observed World Cancer Day and organized hair donation camp and blood donation camp.
- About 30 people including dubbing artist Bhagyalekshmi donated their hair.
- 40 unit blood were collected from the blood donation camp.
- An exhibition on NSS activities regarding plastic recycling was also organized.

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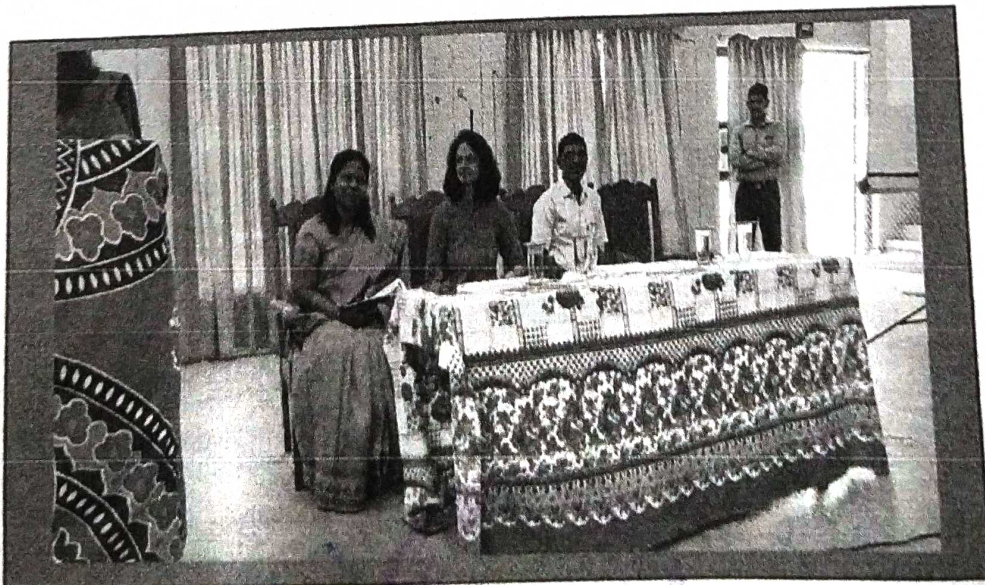
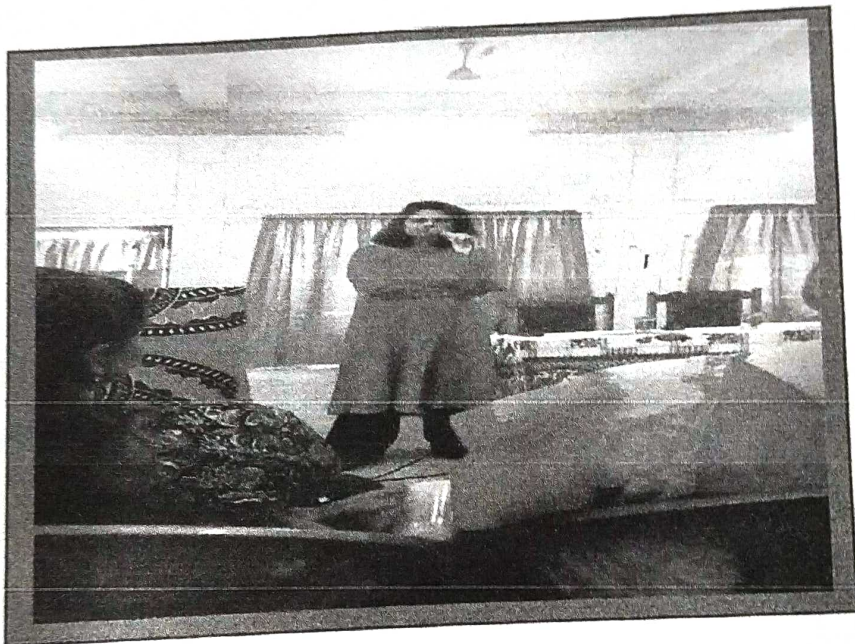
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Volunteer formation 08/02/2018



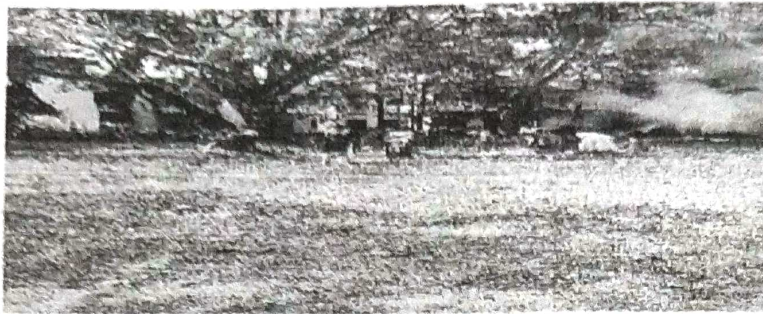
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Campus Cleaning 19/01/2019



National Camp - Kollam 10/12/2018 to 16/12/2018



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NSS ANNUAL REPORT 2019-2020

National Service Scheme aims to cultivate ideas of social welfare in the minds of students and to provide an unbiased service to the society. During the academic year 2019-2020, NSS units of Govt. College for Women, Thiruvananthapuram played a pivotal role in the holistic development of students and thereby made a better contribution to the society also. This is a report of our NSS Units activities, in order to make awareness among students and society.

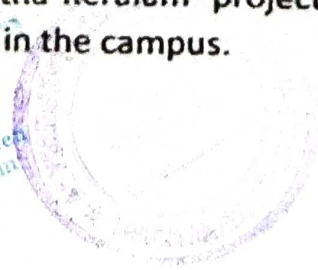
On 22nd April, an orientation class in connection with maintaining Green Protocol during Lok Sabha election, jointly organized by Green Army, Thiruvananthapuram Corporation and Election Commission, was conducted at Thiruvananthapuram Corporation premises. On the election day (April 23, 2020) volunteers were deputed at Chakka Govt. School, Thiruvananthapuram, assigned with a duty of maintaining Green Protocol and ensuring the availability of food and other essentials for the polling officials. Volunteers took part in "UDYANAM" project, organised by 'C 5' Foundation. Accordingly, they participated in "UDYANAM" at Pattom and Mettukada on 30th of April and 2nd of May.

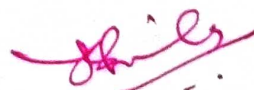
In the month of June 2019, as a part of district administration project C5 (Change can change Climate Change), which aims at a sustainable lifestyle to mitigate the effects of climate change, students from our NSS Units Volunteered the programme "UDYANAM" along with 'Haritham' Eco- Club at Peroorkada. As a part of the programme, volunteers cleaned the residential area and planted saplings there.

On June 21st, we observed International Yoga day in the premises of our college. We also participated in the Yoga Day celebration conducted by Nehru Yuva Kendra and NSS respectively. On June 25th, as a part of observing reading week, our NSS Units along with our Library Council of our College conducted a programme 'Vayanapakshacharanam' and a book exhibition. We organised a 'Paper basket' making class on 28th June for the students of 6th and 8th standard of St. Helen's School, Thiruvananthapuram.

On 30th day of July, our NSS Units celebrated 'Kargil Vijay Divas'. On the same day, as a part of 'Haritha Keralam' project, NSS Volunteers cleaned the College and planted saplings in the campus.


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In the month of August, we conducted several programmes. On August 2nd, 53 NSS Volunteers participated in the programme in the field 'Nattumarangal Nanmarangal' was inaugurated by the Forest Minister, Adv. K. Raju, jointly organized by IISER Vithura, TVPM and Christ Nagar English Higher Secondary School.

On the 3rd and 7th of August, Volunteers cleaned the Campus for making a good atmosphere for students. On August 5th, as a part of 'Swatch Pakawara', we conducted a campus rally on August 10th, and also participated in a flood relief collection camp jointly organized by 'Signature S5 Nishagandhi' and Trivandrum corporation.

On the 14th of August, together with Nehru Yuva Kendra, we conducted a declamation contest "patriotism & Nation building". 73rd Independence Day was celebrated on 15th August 2019 in the College campus by hoisting the tricolour flag. It was a grand celebration with several cultural programmes. On 22nd of August, 40 volunteers participated in a special convocation ceremony, conducted in the Kerala University Senate Hall, to honour Shri. Chris Gopala Krishnan and Dr. Jayant V. Narikar with doctorate degree.

In the month of September, our volunteers worked to ensure maximum collection in the relief camp from 8th to 17th September. On NSS day (24th September), a food fest was conducted 'Nattinpurathe Vismayam' and a Plastic free exhibition. This programme was inaugurated by our principal Dr. G. Vijayalakshmi. Almost 178 volunteers actively participated in it. 52 of our NSS volunteers participated in a 'Walkathon' conducted by SUT Pattom on 28th September 2019, as part of World Heart day.

The month of October started with the observation of 'Gandhi Jayanthi' on 2nd October 2019. NSS volunteers devoted this day to campus cleaning. In association with the Economics dept, our NSS units organized an awareness class in lines with the Gandhi's message, "My Life is My Message". On the same day, a class on 'Anti-Narcotism' was conducted by our NSS units with Ms. Dhanya Ravi as the speaker. ASI Mr. Shajahan was the resource person. On 5th October, our volunteer Hridya G.M., actively participated in a state level leadership camp entitled 'Trial 2019', conducted by BIM College, Chavara, Kollam. On 18th October, 55 volunteers cleaned our NSS room and its premises. A blood donation camp was organized by our NSS units in association with Nehru Yuva Kendra & HDFC Bank on 25th October, 2019. A total of 125 volunteers participated in this event.

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An awareness class on 'Sustainable Periods' was conducted on 12th November. Two of our volunteers participated in a 3 day leadership camp, organized by NSS, Kerala University, on 14th November, 2020. A total of 11 volunteers participated in 'Udyanam' project conducted at Thirumala, on 14th November. On 16th and 17th November, our volunteers cleaned the campus specifically removed debris like Polythene bags. Our NSS Units conducted an awareness programme on 'Waste disposal' among students.

The award presentation ceremony of NSS, University of Kerala, for the year 2018-2019, was inaugurated by the honourable MLA Adv. V.K. Prasanth on 20th November in our College. On the same day, a photo exhibition was arranged in College auditorium which highlighted the achievements of NSS Units of various Colleges under the University of Kerala from 2017 to 2019. The exhibition was inaugurated by Dr. Sajith Babu, State Co Ordinator. A 3 day seminar on "Indian Women Yesterday, today and tomorrow" was conducted by the University of Kerala at University Senate chamber. 10 of our volunteers participated in the seminar. An Antidrug initiative camp was point of attraction, which was held on 21st to 22nd November at Students Centre, Kerala University.

On December 1st, World Aids day, NSS Volunteers conducted a rally at Govt. College for Women. It was initiated by NSS P.O. Dr. Santhi P. and then followed by around 50 volunteers. On 9th December, we organized an orientation class on blood donation along with 'Janani' organisation. A self defence class entitled in "Thada" was taken by Mrs. Sulfath, Kerala Police. 175 NSS volunteers attended the programme. On 10th December, there was a special convocation programme organized by Kerala University at Senate hall, in which hon'ble Governor, Minister for Education, Govt. of Kerala took part. 49 volunteers participated in the programme. There was an award function for Ms. Latha for achieving the 'Women of the year' prize. It was awarded by the Governor on 12th December.

In the month of January, 2020, we were able to conduct an awareness class jointly organized by Nehru Yuva Kendra & our NSS units in relation with National Youth Day. Swami Athmadhas Yami Dharmapaksha delivered a speech on 13th January 2020. A survey was taken on the adopted village 'Chengalchulla' based on Anti Drug & Health Survey Initiative, as a part of the camp. Almost 94 volunteers took part in this survey. A seven day camp was organized by our NSS unit from January 28th to February 3rd with full attendance.

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Dr. S. S. P. O.

Dr. SANTHI. P.
Assistant Professor
Department of Tamil
Govt. College for Women
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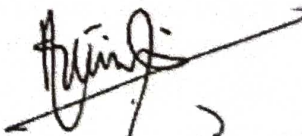
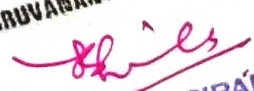
In connection with world cancer day, a lecture was conducted in RCC on February 7th 2020. Almost 10 Volunteers participated in this lecture. NSS volunteer participated in 'Vimukthi Jwala' an anti-drug campaign under 'Vimukthi', an event on 7th February at Kanakakkunnu Palace. On 13th Feb, our NSS units given Paper basket making training to NSS Volunteers of All Saints' College, TVPM. On 15th February, 2020 our volunteers participated in a workshop on 'life skills', organized by Family planning association of India, in collobration with Gandhi Smarak Nidhi and BSW students of National College. Dr.V.Reghu, Former Controller of Examinations, Rajiv Gandhi National Institute of Youth Development, led the workshop. On the same day, our NSS Volunteers also became a part of cycle rally, related to the observation of 'Zero Waste day' initiated by Green Army. Some of our volunteers were allotted to watch the 'Trip' which was made by NSS volunteers and released at 'Kalabhavan theatre on 26th February. On the same day, NSS volunteers had attended the 'Kashmiri Youth Exchange programme' at VJT Hall, where they got an opportunity to interact and learn the culture of Kashmiri people. On the last day of the month, a medical camp for lifestyle diseases was hosted by our College NSS Units, in association with Kerala Social Security Mission, Malabar Gold, Museum Janamythri Police, at Assembly hall. There was a free blood check-up facility for first 100 people.

There was a National Integration Camp, which was organized by National Service Scheme, and Ministry of Youth affairs and Sports from 21st day of February to 24th day of the month. The camp was conducted at Marian College, Kuttikkanam, Idukki. In the month of March, a meeting was conducted, in co-operation with Green Army, for volunteers. Our Volunteers successfully completed their duty by ensuring Green Protocol and waste management during Attukal Pongala on 6th, 7th and 8th of March. NSS Units of Govt.College for Women had made a fruitful academic year through their selfless social service.

In brevity, N.S.S. Units of our College is one among the other Units, having profound influence among the students as well as public. Hence, it is fortunate to submit a brief report for favour of necessary action.


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 N.S.S. P.O
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REPORT OF THE UBA ACTIVITIES CARRIED OUT IN GOVT COLLEGE FOR WOMEN,
THIRUVANANTHAPURAM, KERALA

AISHE CODE: C43705

1. AWARENESS CLASSES FOR SCHOOL CHILDREN:

A group of students (12 numbers) from various disciplines, went to two schools in Kudappanakunnu and Thiruvananthapuram villages in the month of JULY 2019, and took continuous sessions on every week on areas related to health, hygiene, sanitation and eat right. Children belonging to the age group of 6-12 years were selected for creating the awareness.

Separate classes on Safe touch, awareness on Child Helpline were also given to children.

2. Life Skill Training for school children:

Two Govt schools in the adopted villages were identified and a two month programme on a weekly basis was planned and implemented. Students were given classes based on fun learning activities on areas of family relationship, Self help and mutual help, trust building, public speaking and Speaking out. This programme was an eye opener for the student volunteers as well to understand the attitude, apprehension and concerns of young children. The programme was done during the months of Aug-September. Children were also taught simple self defence tips with the help of an NGO based in Thiruvananthapuram.

3. Ship of Gratitude:

The UBA Volunteers of the college made 2500 paper boats with the huge participation from students of almost all departments of the college and send them to National Institute of Oceanography, Kochi to express their gratitude to the heroes of Kerala Deluge 2018- the fishermen community. The idea of making friendship boats was to imbibe the sense of belongingness and empathy about the fishermen community among the college students, so that they can pass this to young minds at their home and locality. Many students joined the cause by taking insurance for the fishermen. College Principal send the boats to NIOS.

4. Swachta Hi Sewa Campaign:

As part of the call from UBA, 500 cloth bags were made and distributed to the villages ON Oct 2nd, 2019. Around 40 student volunteers participated in the bag making campaign. Faculty members donated sarees for the cause apart from the 100m of plain cloth that we purchased. Students also gave public announcement on the crowded junctions and sought the support of shop keepers as well for joining the cause.

5. Poster Competition on World Pollution Day:

A poster day competition was conducted in one of the Govt schools in Thiruvananthapuram village, as part of World Pollution Day, 2019. The theme was "Air Pollution". Around 40 students from various classes participated the event and all the participants were given colour pencils and drawing kits and the winners were given prizes by the student volunteers.

Xmas Sale:

A Xmas sale was initiated in the college, of which women entrepreneurs in the Tvm city, along with those from adopted villages also participated in the exhibition and sale. The idea behind the sale was to introduce the products of the women groups of our villages and to give them an avenue for marketing. The college authorities welcomed the idea and agreed to give them a venue for marketing their products once in a month, without any financial burden for them.

7. Workshop on Scrap, Stitches and Meanings:

A two day workshop on Applique design was given to student volunteers of UBA and interested women from the adopted villages. The materials used for the workshop were

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Dr. S. S. R. O.
Dr. S. S. R. O.
Assistant Professor
Department of Tamil
Govt. College for Women
Thiruvananthapuram

Shilpa

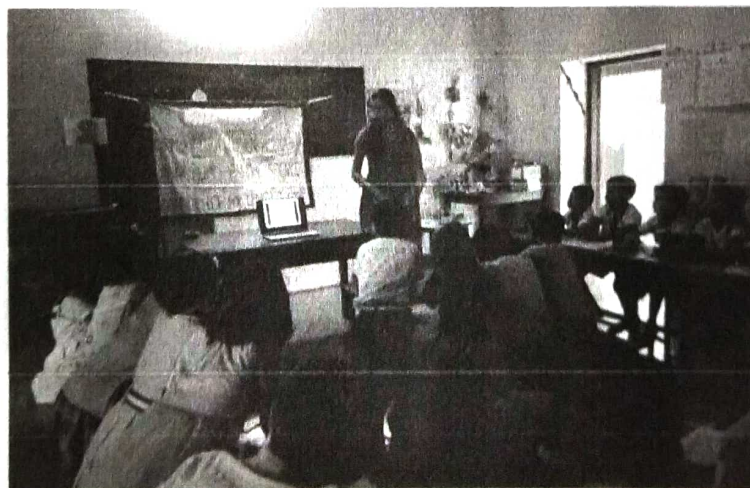
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from scrap waste cloths thrown by the tailors. Student volunteers collected a sack of cloth waste from nearby tailoring units and distributed them to the participants of the workshop. This workshop helped the women in our villages to adopt Applique works in their cloth bags and the dresses that they stitch. Mrs. Medha Bhatt Ganguly, Founder of First Forest, Ahmedabad was the resource person for the two day workshop.

8. Awareness session on Safe Menstrual Hygiene practices and Medical camp:

An alumnae of the Dept of Home Science, who was funded by KSCSTE Student project took an awareness programme for the women in the Thiruvananthapuram and Aruvikkara villages on Safe Menstruation and Hygiene practices during Xmas Vacation and a medical camp was conducted in these areas with the help of Doctors from IMA. UBA supported and initiated this programme.

Photographs:



Sithara (UBA)
Dr. Sithara Balan. V
Assistant Professor
Department of Home Science
Government College for Women
Thiruvananthapuram - 14

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N.S.S.P.O



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Coordinator (VBA)
Sithara

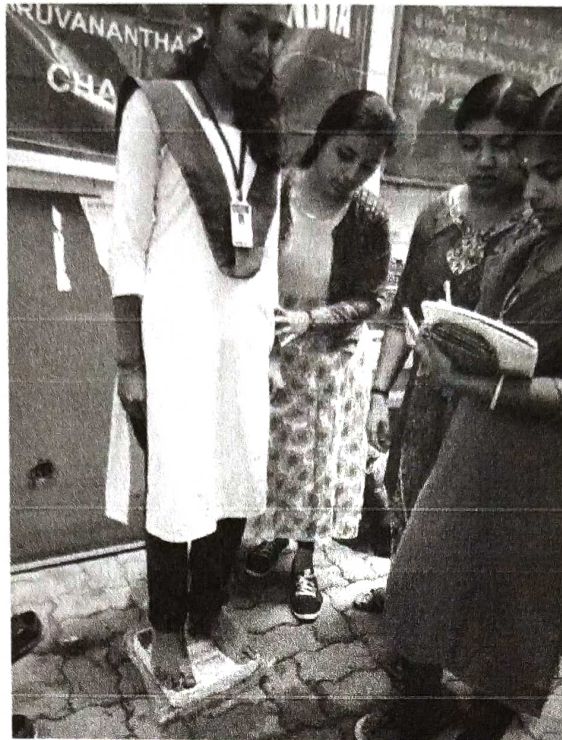
Dr. Sithara Balan. V
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N.S.S.P.O



Principles

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Sithara
Co-ordinator UBA
Dr. Sithara Balan. V
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Shilpa
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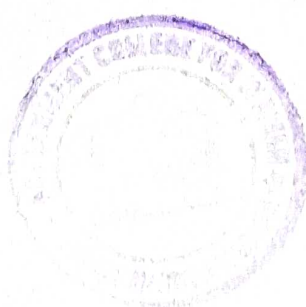
Co-ordinator UBT
Sithara
 Dr. Sithara Balan. V
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Sithara
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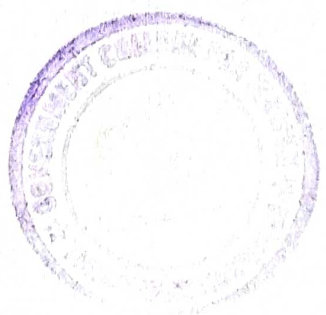
Co-ordinator UBA
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Principal
 GOVT. COLLEGE FOR WOMEN
 THIRUVANANTHAPURAM-14



Dr. Sathya
 Co-ordinator UBA
 Dr. Sathya Balan. V
 Assistant Professor
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Shilpa
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GOVT. COLLEGE FOR WOMEN 1 K Girls Bn, NCC

ACTIVITIES 2019-2020

Bonu
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NCC Officer
Assistant Professor
Department of Hindi
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Lt. Dr. ASHA G
ANO

Shirley

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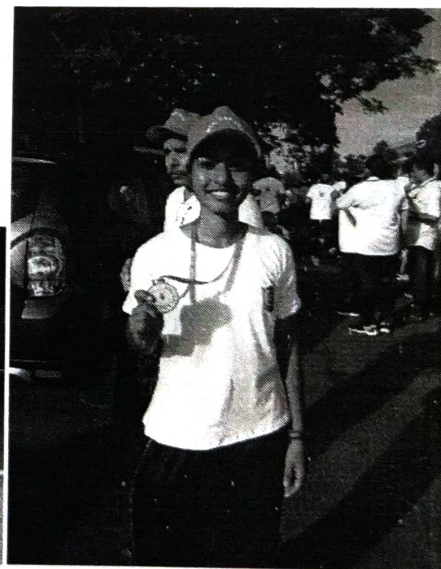


ACTIVITY : 1


1. Name of Event : Green Marathon
2. Date : 5 June 2019
3. Participation:-
 - a. Head of the Institution : Dr.G Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr.Asha G
 - c. Cadets : 25
 - d. Others : Nil
4. Location : Vellayabalam Square
5. Activities Covered/Lecture conducted in brief along with details of speakers /Organisers/ chief guest of the event.

Conducted Green Marathon to generate public interest /involvement in environmental issue on 5 June 2019 especially to make people aware about the need to put all hands together for a 'Green Kerala'. "World Environment Day" was celebrated under the theme "Air pollution" by the NCC cadets with the main aim to spread awareness on controlling air pollution, which is a threat for future generation and creates serious health issues.

6. Photos of Events along with suitable captions.




7. Any Other Information : Nil


Sign of ANO

Dr. Shabana Habeeb
NCC officer
Assistant Professor

Department of Hindi
Govt. College for Women
Thiruvananthapuram - 14


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ACTIVITY : 2


1. Name of Event : Seminar on Disaster Management
2. Date : 11 June 2019
3. Participation:-
- a. Head of the Institution : Dr.G Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr.Asha G
 - c. Cadets : 5
 - d. Others : Coast Guard Officers
4. Location : Muscat Hotel , TVM

5. Activities Covered/Lecture conducted in brief along with details of speakers / Organisers/ chief guest of the event.

With the participation of 1(K)GIRLS BN , 1(K) N, 1 AIR, 2(K) and 3(K) BN NCC, there was a seminar on Disaster Management on 11 June 2019 at Muscat Hotel, TVM conducted by Coast Guard. 5 GCW Cadets participated were detailed from 1(K) GIRLS BN Units.

6. Photos of Events along with suitable captions.

7. Any Other Information : Nil


Sign of ANO
Dr. Shabana Habib
NCC officer
Assistant Professor
Department of Hindi
Govt. College for Women
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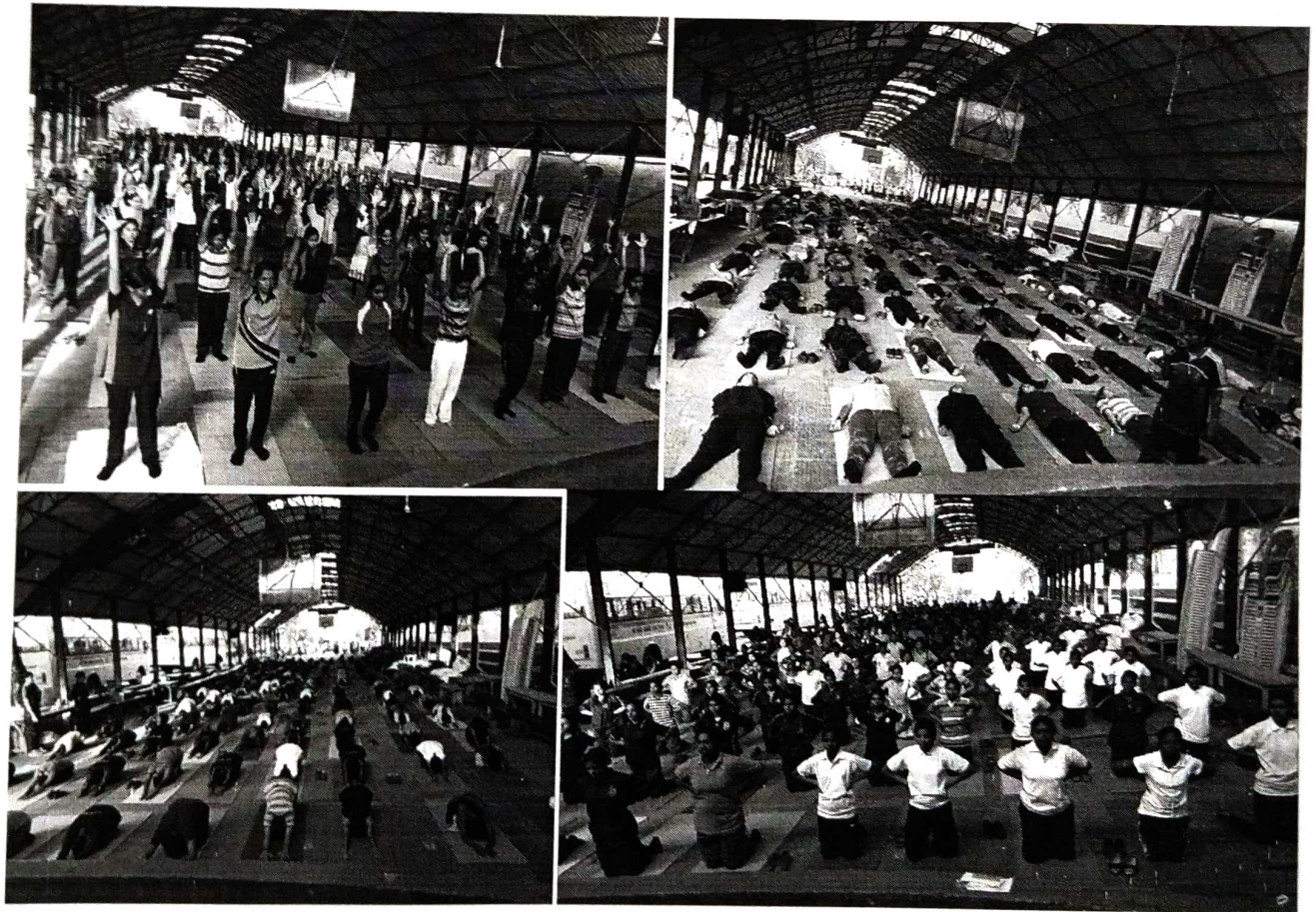

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ACTIVITY : 3


1. Name of Event : Yoga Day
2. Date : 21 June 2019
3. Participation:-
 - a. Head of the Institution : Dr.G Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr.Asha G
 - c. Cadets : 90
 - d. Others : Nil
- 4.Location : Cotton Hill
5. Activities Covered/Lecture conducted in brief along with details of speakers /Organisers/ chief guest of the event.

Yoga Day was celebrated at Cotton Hill School. All NCC Cadets from GCW participated in it.

6. Photos of Events along with suitable captions.



7. Any Other Information : Nil


Sign of ANO
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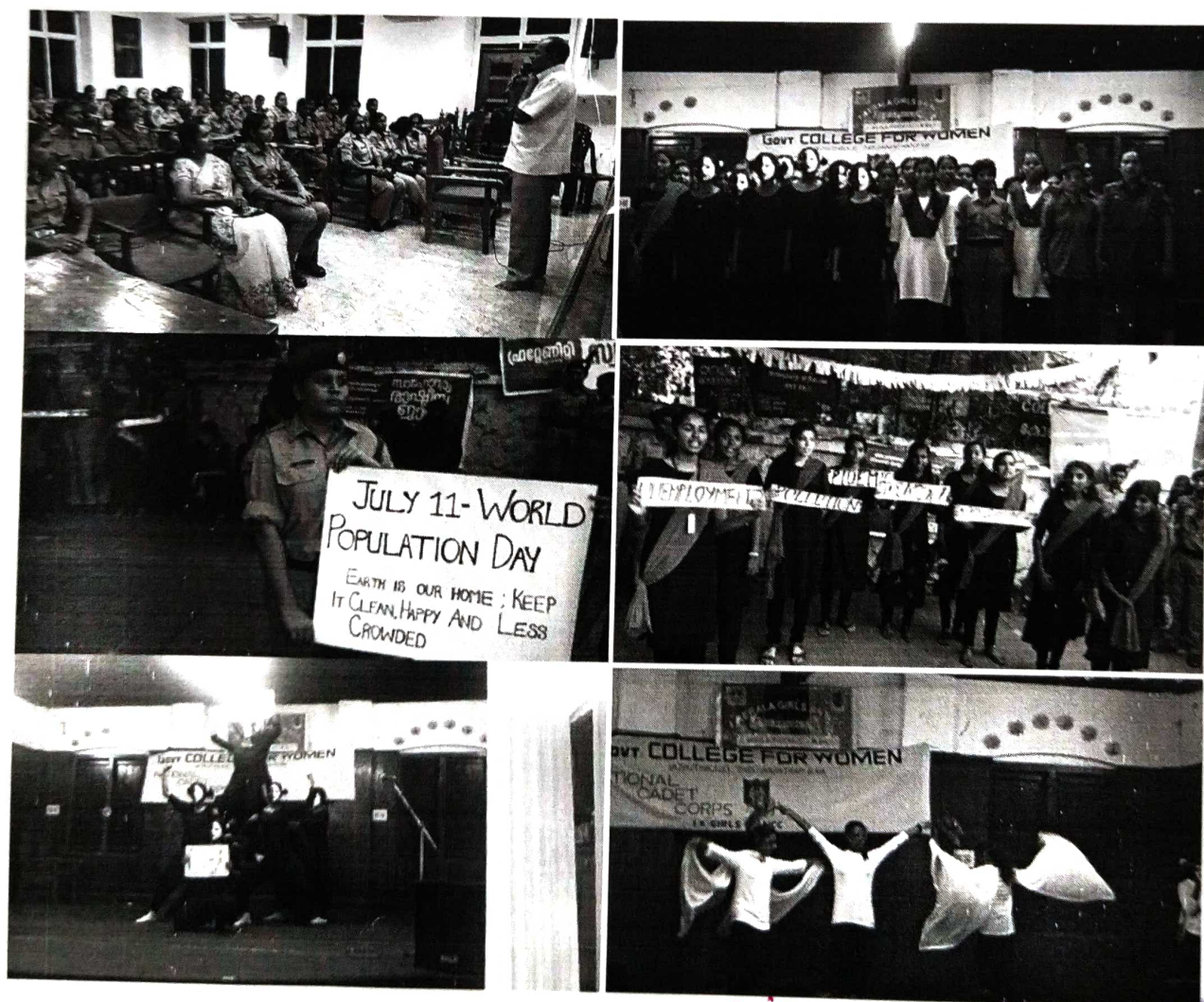

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ACTIVITY : 4

1. Name of Event : WORLD POPULATION DAY
2. Date : 11 JULY 2019
3. Participation:-
 - a. Head of the Institution : Dr.GVijayalekshmi (Principal)
 - b. ANO : Lt. Dr.Asha G
 - c. Cadets : 90
 - d. Others : CO, AO, ANO AND Prof. GASPER, Asst. Prof of Philosophy
4. Location : GCW
5. Activities Covered/Lecture conducted in brief along with details of speakers / Organisers/ chief guest of the event.

Awareness on population explosion was given to the cadets. Pledge and various activities were taken place.

6. Photos of Events along with suitable captions.



Shabana

Dr. Shabana Habeeb

NCC Officer

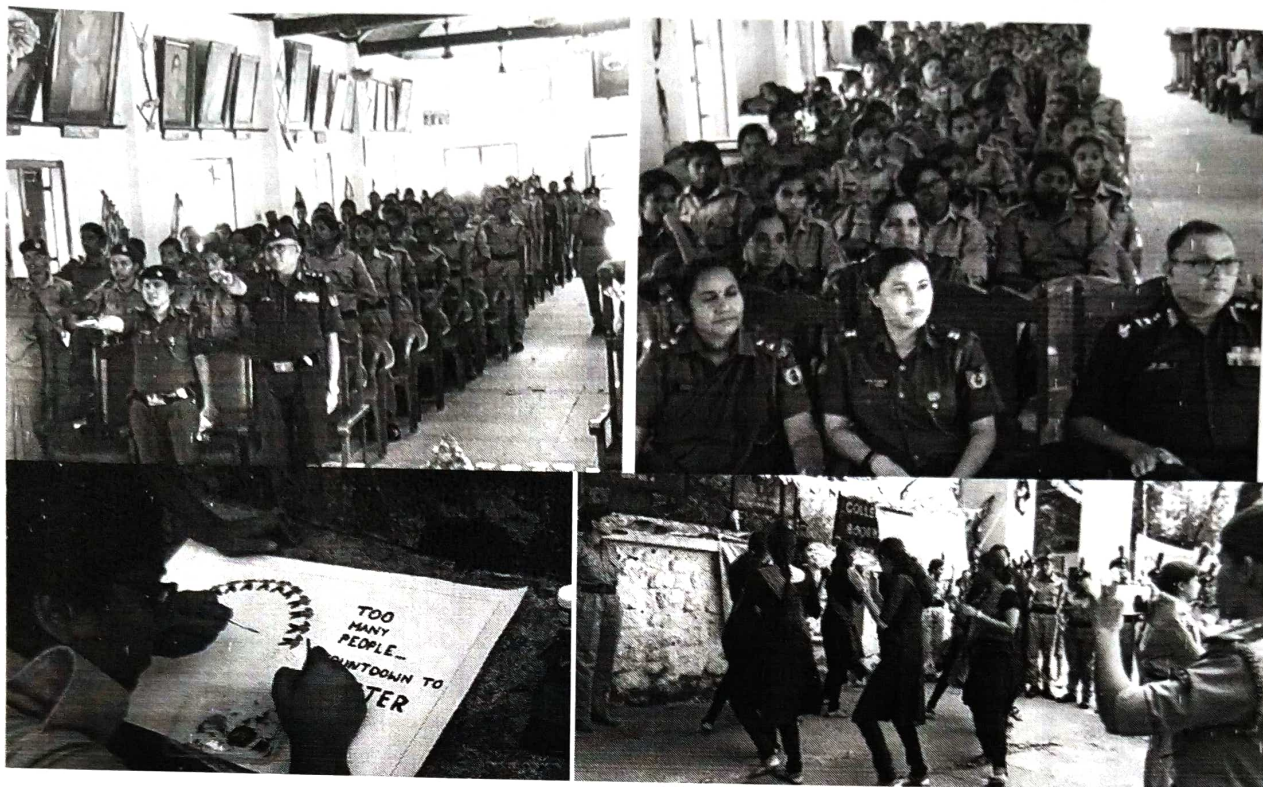
Assistant Professor

Department of English
Govt. College for Women
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Ashly

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7. Any Other Information : Nil

Shabana

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Sign of HOI

Shilpa

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ACTIVITY : 5

1. Name of event : Kargil Vijay Diwas Celebration
2. Date : 30 July 2019
3. Participation :-
 - a. Head of the Institution : Dr. G. Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr. Asha G.
 - c. Cadets : 20
 - d. Others : Hon'ble Governor Justice P. Sadhasivam
4. Location : Senate Hall , University of Kerala
5. Activities covered/Lecture conducted in brief along with details of speakers/organizers/
Chief Guest of the event.

Kargil Vijay diwas Celebration was held on 30/07/2019 at Senate Hall in University of Kerala.
The function was inaugurated by Rtd. Chief Justice and Hon'ble Governor Justice P Sadhasivam
6. Photos of event along with suitable captions.
7. Any other information : Nil

Bhame
Sign of ANO
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Assistant Professor

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Shila
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ACTIVITY : 6


1. Name of event : 73rd Independence Day Celebration
2. Date : 15 August 2019
3. Participation :-
- a. Head of the Institution : Dr. G. Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr. Asha G.
 - c. Cadets : 140
 - d. Others : Staff
4. Location : G C W Vazhuthacaud
5. Activities covered/Lecture conducted in brief along with details of speakers/organizers/chief guest of the event.

73rd Independence Day was celebrated by NCC Cadets of Women's college Vazhuthacaud on 15th August 2019, Thursday. The Flag was hosted by the Principal. cultural events including patriotic song, group song etc. were performed by the cadets.


6. Photos of event along with suitable captions.



7. Any other information : Nil


Sign of ANO
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Asst. Professor
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Thiruvananthapuram - 14




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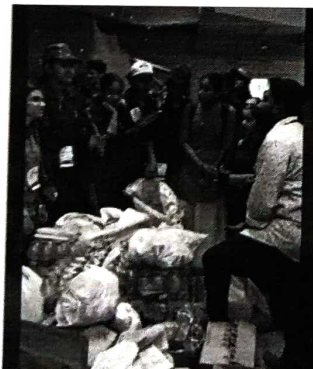
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ACTIVITY : 7

1. Name of event : Flood Relief Campaign
2. Date : 16 August 2019
3. Participation :-
 - a. Head of the Institution : Dr. G. Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr. Asha G.
 - c. Cadets : 69
 - d. Others : Volunteers
4. Location : GCW Vazhuthacaud
5. Activities covered/Lecture conducted in brief along with details of speakers/organizers/chief guest of the event.

Donations for flood relief camps was collected and deposited in 1(K) BN NCC office for further distribution by under officers and cadets .It was telecasted in DD Malayalam channel .We could collect clothes, detergents, rice, pulses, grains etc.

6. Photos of event along with suitable captions.



7. Any other information : Nil

Shabana
Sign of ANO
Dr. Shabana Habeeb.
Asst. Professor, NCC officer
Department of Hindi
Govt. College for Women
Thiruvananthapuram - 14

Shila
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ACTIVITY : 8

1. Name of event : Swatch Bharat Mission Awareness Rally
2. Date : 19 Sept 2019
3. Participation :-
 - a. Head of the Institution : Dr. G. Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr. Asha G.
 - c. Cadets : 130
 - d. Others : Nil
4. Location : GCW
5. Activities covered/Lecture conducted in brief along with details of speakers/organizers/chief guest of the event.

There was a rally conducted to create awareness about Swatch Bharat Mission outside College Campus. Flash cards and placards related to the mission were made. Its aim was to spread awareness about the importance of maintaining our streets clean.
6. Photos of event along with suitable captions.



7. Any other information : Nil

Sign of ANO *Shabana*
 Dr. Shabana Habeeb.
 NCC officer
 Assistant Professor
 Govt. College for Women
 Thiruvananthapuram - 14

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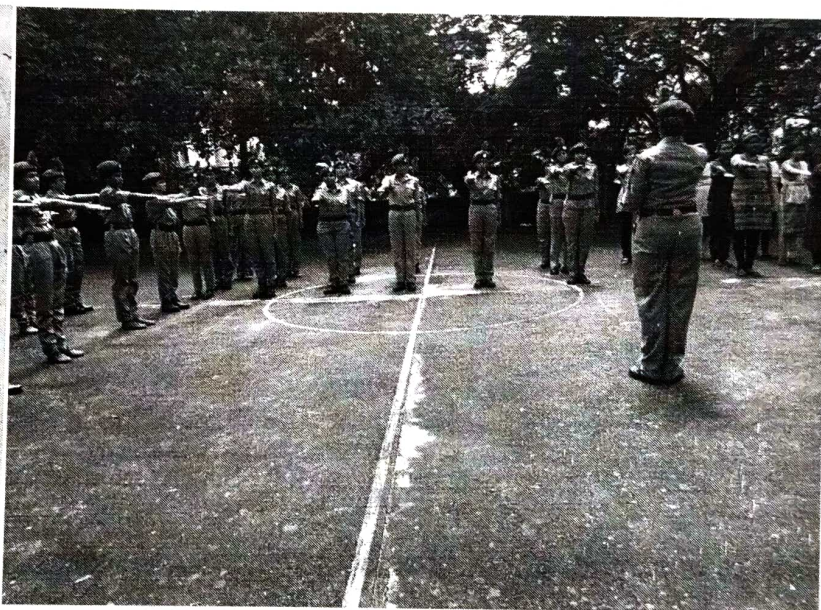
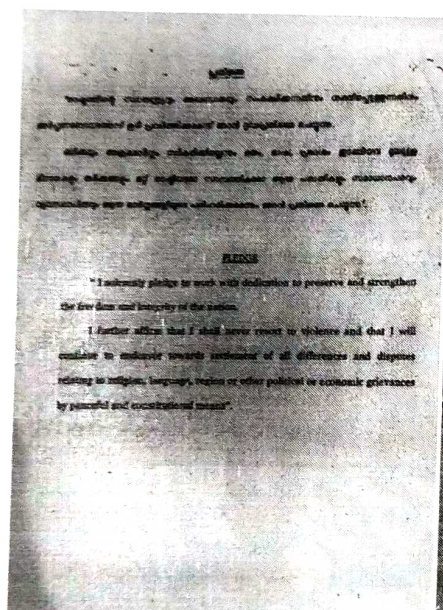
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 THIRUVANANTHAPURAM
 Date:

ACTIVITY : 9

1. Name of Event : NATIONAL INTEGRATION PLEDGE
2. Date : 19 NOV 2019
3. Participation:-
- a. Head of the Institution : Dr.G Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr.Asha G
 - c. Cadets : 90
 - d. Others : Nil
4. Location : GCW
5. Activities Covered/Lecture conducted in brief along with details of speakers/ Organisers/ chief guest of the event.

Pledge was taken and various activities conducted regarding National Integration.

6. Photos of Events along with suitable captions.



7. Any Other Information : Nil

Sign of ANO

Shabana
Dr. Shabana Habub.
NCC Officer
Asst. Professor
Department of Hindi
Govt. College for Women
Thiruvananthapuram - 14

Sign of HOI

Ashika
PRINCIPAL
GOVT. COLLEGE FOR WOMEN
THIRUVANANTHAPURAM-14

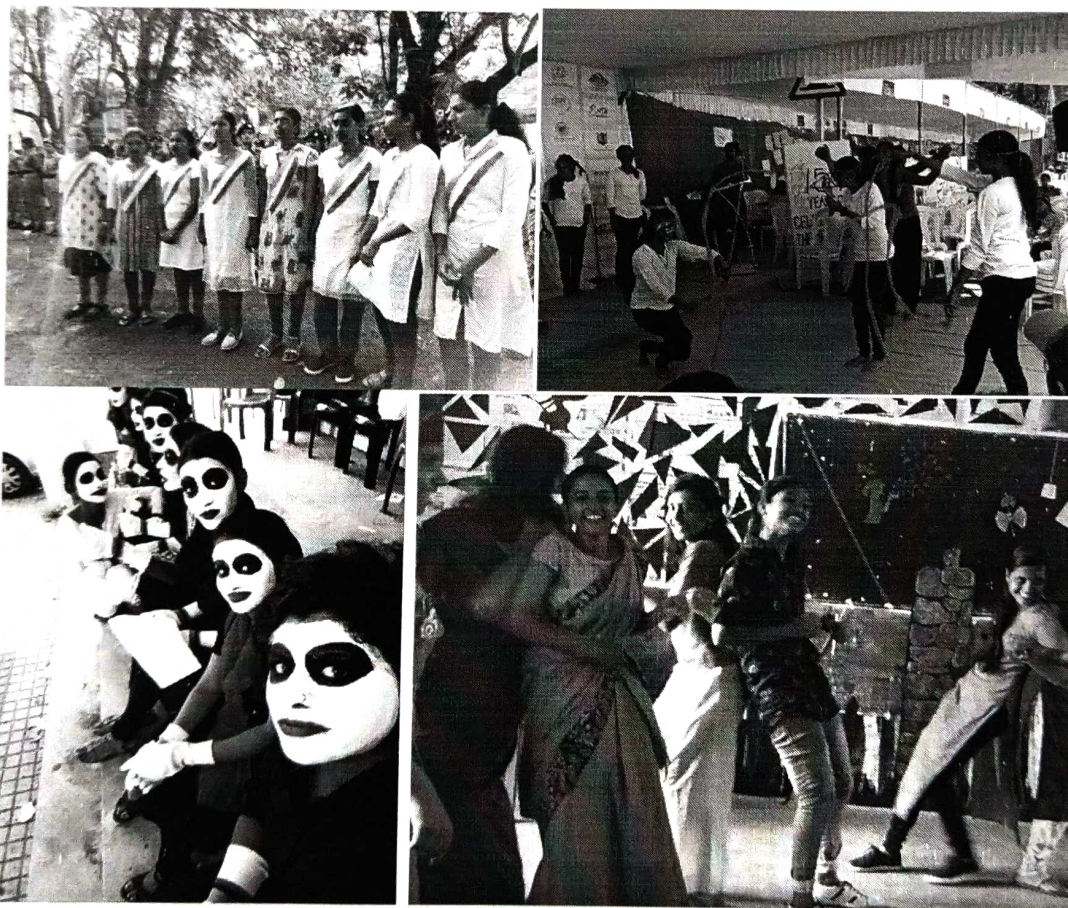


ACTIVITY : 10

1. Name of Event : Cultural Unity Day
2. Date : 23 Nov 2019
3. Participation:-
 - a. Head of the Institution : Dr.G Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr.Asha G
 - c. Cadets : 90
 - d. Others : Nil
4. Location : GCW
5. Activities Covered/Lecture conducted in brief along with details of speakers / Organisers/ chief guest of the event.

Cultural function organized to present the Indian tradition of a diversity and for promoting conservation and integration.

6. Photos of Events along with suitable captions.



7. Any Other Information

: Nil

Sign of ANO

Shabana

Dr. Shabana Habeeb
Asst. Prof. NCC Officer
Govt. College for Women
Thiruvananthapuram - 14



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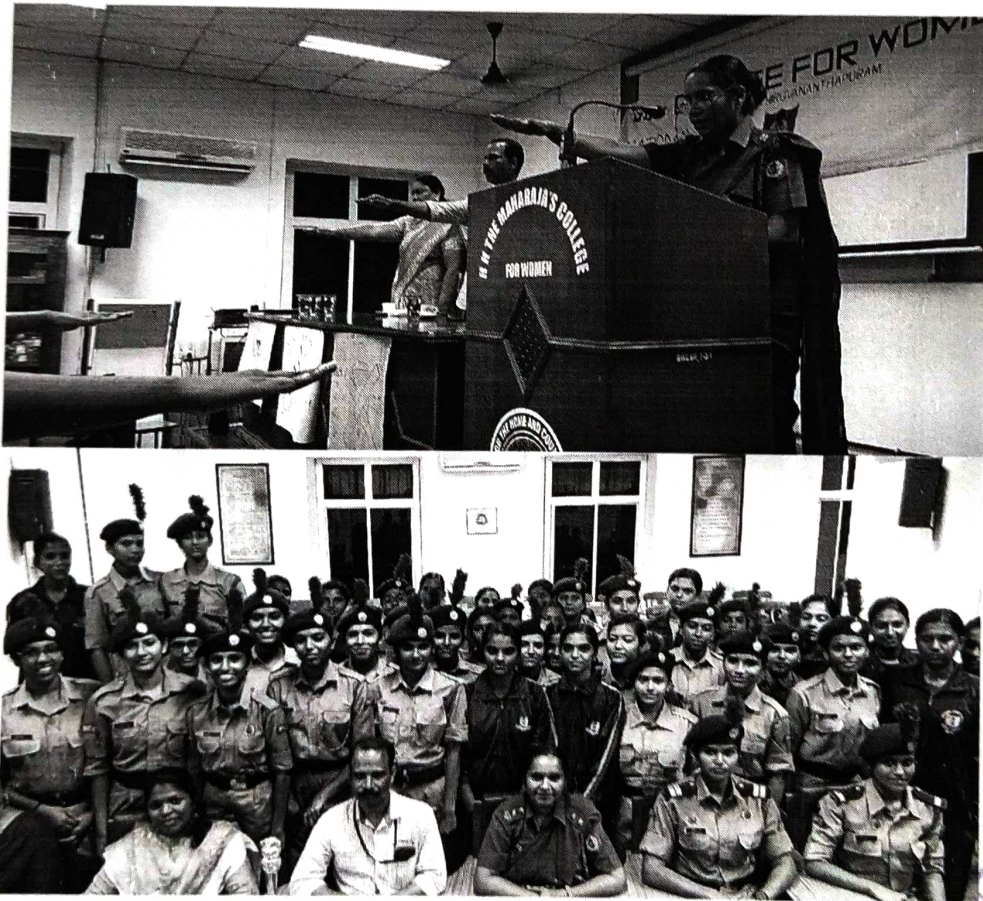
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ACTIVITY : 11

1. Name of event : Drug Abuse Awareness Class
2. Date : 29 November 2019
3. Participation :-
 - a. Head of the Institution : Dr. G. Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr. Asha G.
 - c. Cadets : 70
 - d. Others : Dr.Dharmaja, Dr.Shabana, Smt.Salini
4. Location : GCW Vazhuthacaud
5. Activities covered/Lecture conducted in brief along with details of speakers/organizers/chief Guest of the event

The day was a lit for NCC Cadets. The drug abuse awareness class was conducted by S.AnilKumar, the preventive officer of Excise Department. The misuse of antibiotics as hallucinators, how they are being misused by people etc. were discussed in that class. Awareness pledge was also taken.

6. Photos of event along with suitable captions.



7. Any other information : Nil

Sign of ANO. *Dr. Shabana Habeeb*
NCC Officer, Asst. Professor
Department of
Govt. College for Women
Thiruvananthapuram - 14

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GOVT. COLLEGE FOR WOMEN
THIRUVANANTHAPURAM-14

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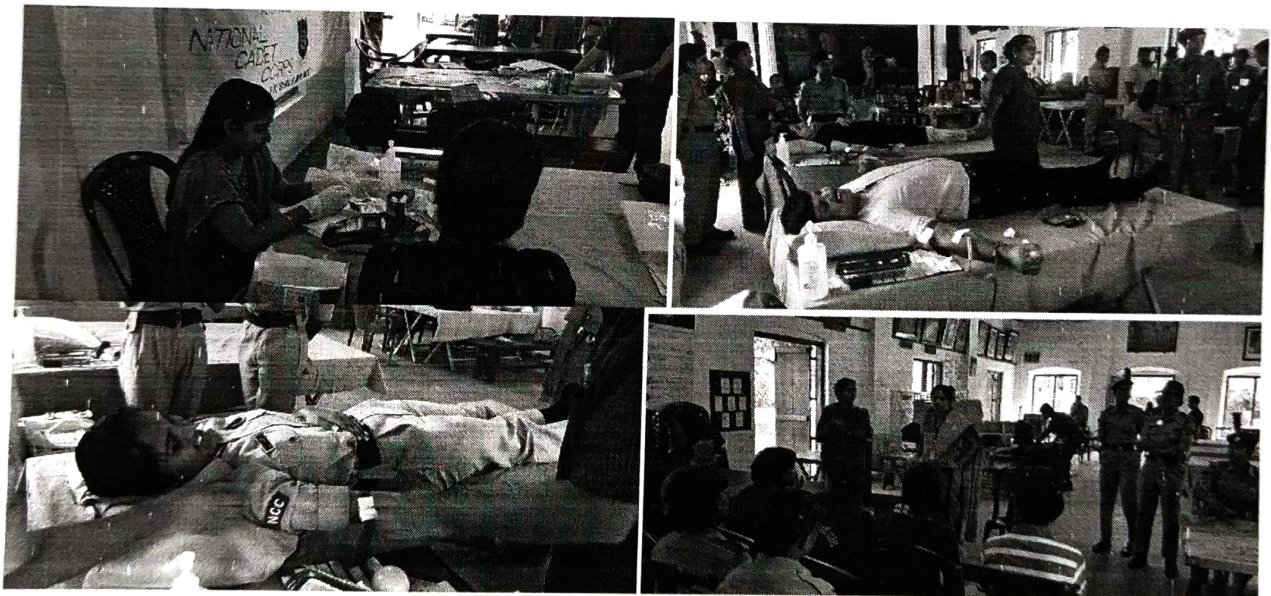


ACTIVITY : 12

1. Name of Event : Blood Donation
2. Date : 01 Dec 2019
3. Participation:-
 - a. Head of the Institution : Dr.G Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr.Asha G
 - c. Cadets : 150
 - d. Others : Dr.Vijayalekshmi, RCC, TVPM
4. Location : GCW
5. Activities Covered/Lecture conducted in brief along with details of speakers/Organisers/
chief guest of the event.

The progrr began with an awareness class by the doctor to the cadets.Blood donation was done by the cadets as well as the college staffs.

6. Photos of Events along with suitable captions.



7. Any Other Information : Nil

Shabana
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Dr. Shabana Habeeb.
NCC officer
Asst. Professor
Department of Hindi
Govt. College for Women
Thiruvananthapuram - 14

Ashu
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THIRUVANANTHAPURAM-14



ACTIVITY: 13

1. Name of event : Hand Wash Day
2. Date : 09 Dec 2019
3. Participation :-
 - a. Head of the Institution : Dr. G. Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr. Asha G.
 - c. Cadets : 30
 - d. Others : Dr. Mini Joseph, HOD, Homescience Dept
4. Location : GCW Vazhuthacaud
5. Activities covered/Lecture conducted in brief along with details of speakers/organizers/ chief guest of the event

The program was started with a demo and class by Dr. Mini Joseph, HOD of Home Science Dept.

6. Photos of event along with suitable captions.



7. Any other information : Nil

Sign of ANO
Dr. Shabana Habeeb
NCC officer
Asst. Professor
Govt. College for Women
Thiruvananthapuram - 14

Shila
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THIRUVANANTHAPURAM 14

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ACTIVITY : 14

1. Name of Event : Personal Hygiene
2. Date : 06 Dec 2019
3. Participation:-
 - a. Head of the Institution : Dr.G Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr.Asha G
 - c. Cadets : 60
 - d. Others : Dr.Mini Joseph, HOD, Home Science
4. Location : GCW
5. Activities Covered/Lecture conducted in brief along with details of speakers /Organisers/ chief guest of the event.

Awareness class with demo was given to the cadets regarding personal hygiene by Dr.Mini Joseph.

6. Photos of Events along with suitable captions.



7. Any Other Information : Nil

Shabana
Sign of ANO

Dr. Shabana Habeeb
NCC officer
Asst. Professor
Department of Hindi
Govt. College for Women
Thiruvananthapuram - 14



Shree
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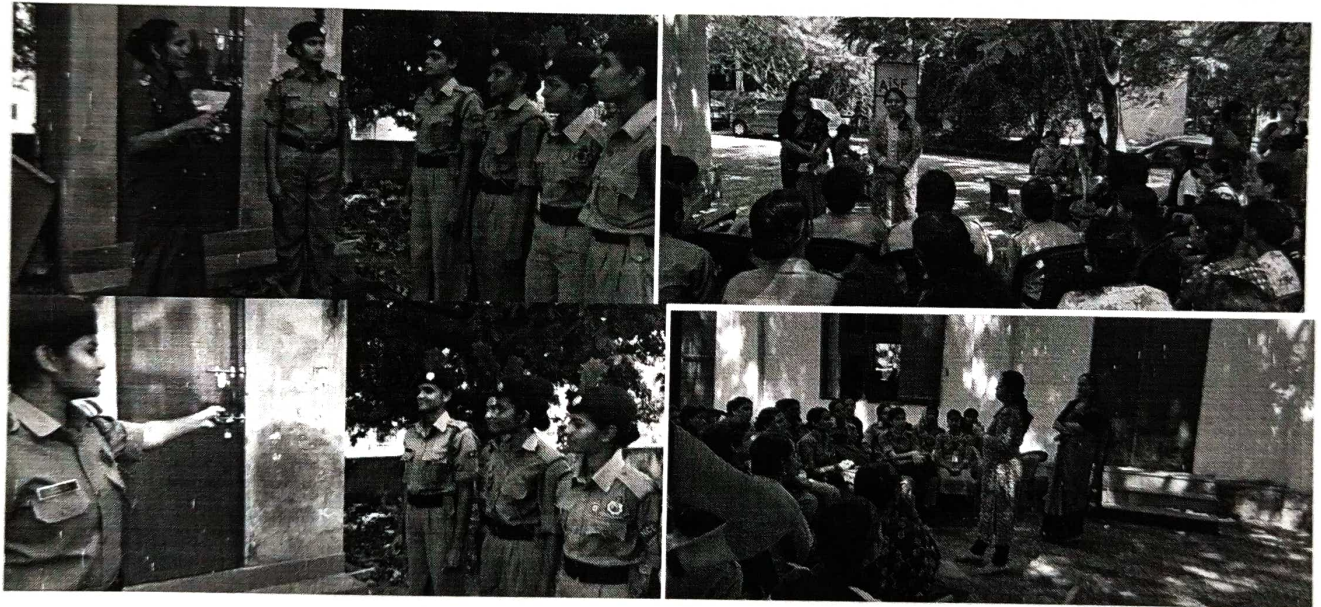
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ACTIVITY: 15

1. Name of Event : Open Defecation Awareness
2. Date : 09 Dec 2019
3. Participation:-
 - a. Head of the Institution : Dr.G Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr.Asha G
 - c. Cadets : 60
 - d. Others : Dr.Sitara Balan, Asst.Prof & Research Guide, H.Sc Dept.
4. Location : GCW
5. Activities Covered/Lecture conducted in brief along with details of speakers /Organisers/ chief guest of the event.

Awareness class was taken with the help of demo and flash cards. Cadets have also done a skit regarding.

6. Photos of Events along with suitable captions.



7. Any Other Information : Nil

Shabana
Sign of ANO **Dr. Shabana Habeeb**
NCC Officer
Asst. Professor
Department of Hindi
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Thiruvananthapuram - 14

Shabana Sign of HOI
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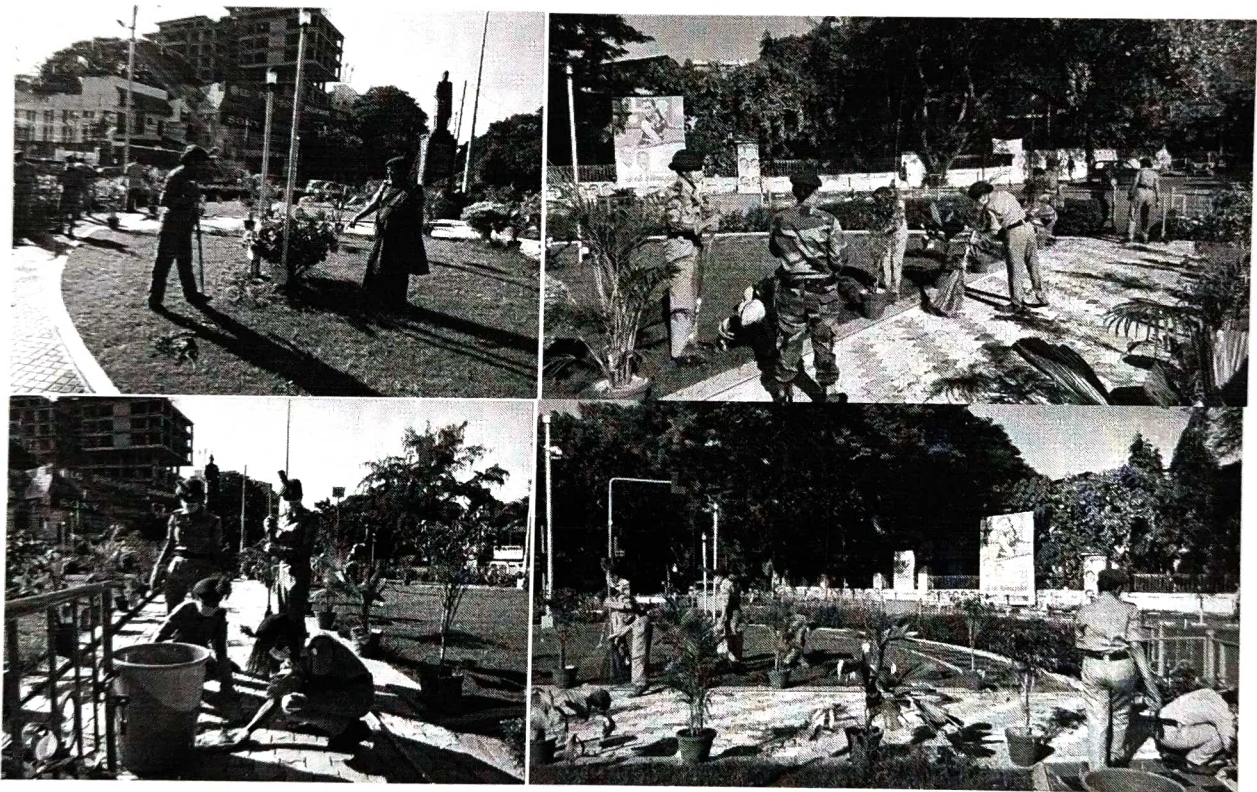


ACTIVITY: 16

1. Name of event : Cleaning of Public Park
2. Date : 10 Dec 2019
3. Participation :-
 - a. Head of the Institution : Dr. G. Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr. Asha G.
 - c. Cadets : 70
 - d. Others : AO MAJ. Wendy Sohsten & GCI Ambily Joseph
4. Location : Vellayambalam Square
5. Activities covered/Lecture conducted in brief along with details of speakers/organizers/chief guest of the event

The cleaning program was done by the cadets, AO, ANO, GCI and PI Staff. Refreshment was given after the cleaning drive.

6. Photos of event along with suitable captions.



7. Any other information : Nil

Shane
Sign of ANO
Dr. Shabana Habeeb
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Govt. College for Women
Thiruvananthapuram - 14



Rice
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THIRUVANANTHAPURAM-14

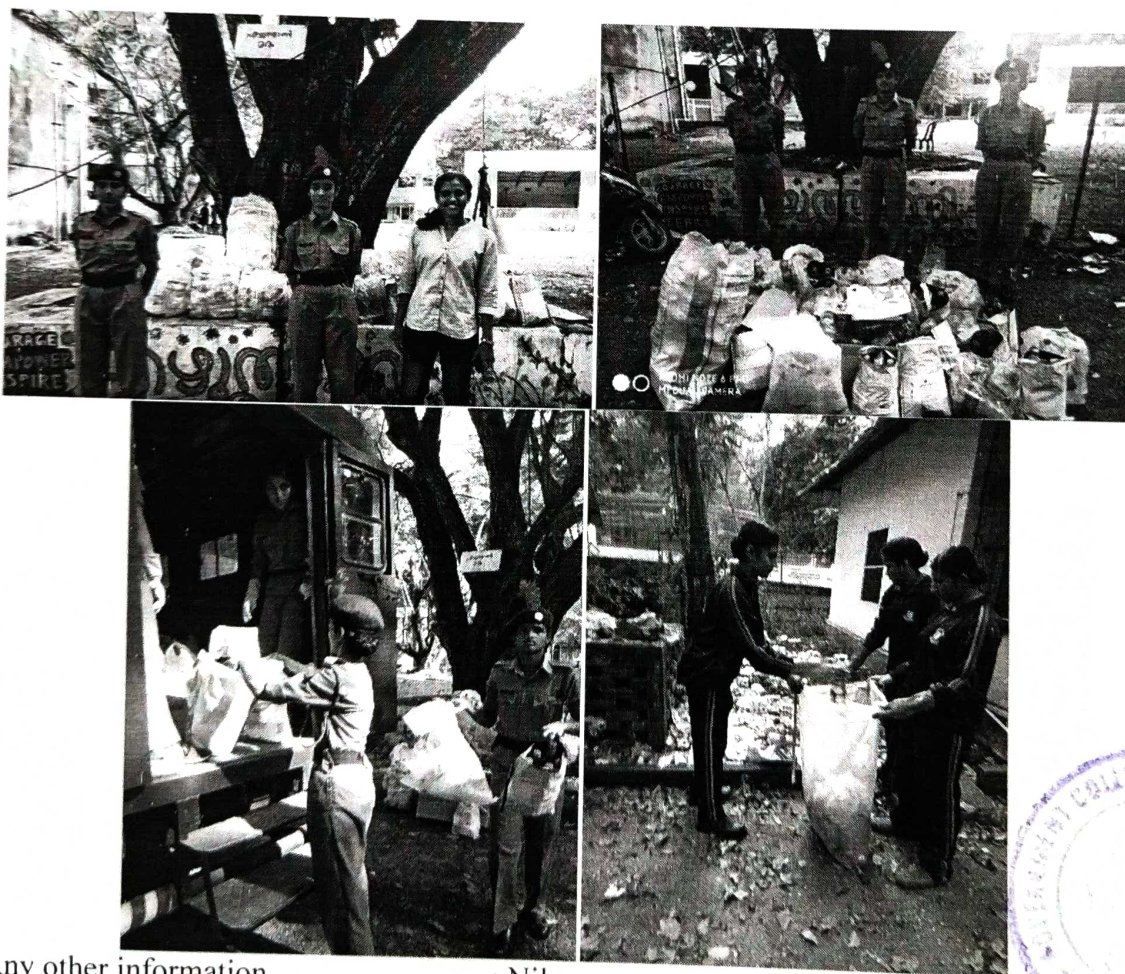
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ACTIVITY:17


1. Name of event : Plastic Waste Management
2. Date : 13 Dec 2019
3. Participation :-
 - a. Head of the Institution : Dr. G. Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr. Asha G.
 - c. Cadets : 20
 - d. Others : Nil
4. Location : GCW Vazhuthacaud
5. Activities covered/Lecture conducted in brief along with details of speakers/organizers/ chief guest of the event


Our cadets collected all the plastics from the campus, segregated them and took them to recycle at Jagathy.

6. Photos of event along with suitable captions.



7. Any other information : Nil


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ACTIVITY : 18

1. Name of Event : Road Safety Awareness
2. Date : 16 JAN 2020
3. Participation:-
 - a. Head of the Institution : Dr.G Vijayalekshmi (Principal)
 - b. ANO : Lt. Dr.Asha G
 - c. Cadets : 149
 - d. Others : Bullet Queen - Shyni Rajkumar and Police Dept.
4. Location : GCW
5. Activities Covered/Lecture conducted in brief along with details of speakers /Organisers/ chief guest of the event.

Traffic Awareness was held at GCW, Tvpm at Assembly Hall by the Bullet Queen Shyni Rajkumar. She informed the Cadets that owing to the violation of traffic rules on roads by underage driving roads have become very unsafe. They presented many shocking statistics connected with road rage.

A skit was conducted by the JANAMAITRI POLICE. The name of the skit was '**SIGNAL**'. The theme of the skit was to instruct the cadets to follow the traffic rules to maintain safety for one and all.

6. Photos of Events along with suitable captions.



7. Any Other Information : Nil

Shabana
 Sign of ANO : Dr. Shabana Habeeb
 NCC officer
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Sign of HOI : *Shyni*
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