

PROJECT WORK/FIELD  
WORK/INTERNSHIP  
OF  
STUDENTS OF  
MSc. HOME SCIENCE  
(EXTENSION EDUCATION)  
GOVERNMENT COLLEGE FOR WOMEN,  
THIRUVANANTHAPURAM

INTERNSHIP REPORT  
AT  
CHILD RIGHTS AND YOU  
BANGALORE



CHILD RIGHTS AND YOU

[www.cry.org](http://www.cry.org)

Ensuring lasting change  
for children

MARCH 4 2019 – APRIL 10 2019

SUBMITTED BY

ABHAYA SAJEEV S

Under the guidance of

Miss. SOUMYA SURESH

(The Manager, Volunteer action at CRY)

In partial fulfilment of the requirement for the degree of Master of  
Science in

MSc. HOMESCIENCE EXTENSION EDUCATION

GOVERNMENT COLLEGE FOR WOMEN, TRIVANDRUM

Reg No :65618107001

GOVT. COLLEGE FOR WOMEN  
TRIVANANTHAPURAM-12



# UNIVERSITY OF KERALA

DEPARTMENT OF BIOTECHNOLOGY  
UNIVERSITY CAMPUS  
KARYAVATTOM  
THIRUVANANTHAPURAM - 695 581



Phone No: 0471 - 2308778  
E mail: biotechkariavattom@gmail.com

[Re-Accredited by NAAC with 'A' Grade]

## Appendix-II

### PROJECT COMPLETION CERTIFICATE (FOR ASPIRE SCHOLARSHIP-2019-20)

This is to certify that **Smt. ABHAYA SAJEEV S P G** student of Govt COLLEGE FOR WOMEN, VAZHUTHACAUD, THIRUVANANTHAPURAM affiliated to UNIVERSITY OF KERALA has successfully completed his/her Aspire Scholarship Project/Internship entitled "OPINION OF BENEFICIARIES OF MIDDAY MEAL SCHEME IN GOVERNMENT SCHOOLS OF KOLLAM DISTRICT" within the stipulated month(s) from 06/02/2020 to 06/03/2020 under the guidance of **Dr. A Jayakumaran Nair**, Head, Department of Biotechnology, University of Kerala.

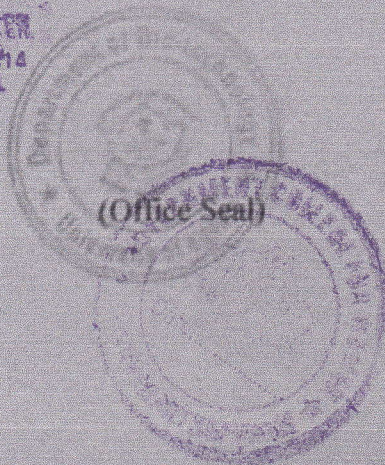
Signature  
Name & Designation  
(Head of the Host Institution)

**Dr. A. JAYAKUMARAN NAIR**  
Associate Professor & Head  
Department of Biotechnology  
University of Kerala, Kariavattom  
Thiruvananthapuram - 695 581

PRINCIPAL  
GOVT. COLLEGE FOR WOMEN  
THIRUVANANTHAPURAM  
THIRUVANANTHAPURAM-14

Name & Designation  
(Guide of Host Institution)

**Dr. A. JAYAKUMARAN NAIR**  
Associate Professor & Head  
Department of Biotechnology  
University of Kerala, Kariavattom  
Thiruvananthapuram - 695 581



(Principal/HOD/Institution)

- Encl: 1) Project Report  
2) Attendance certificate from parent institution (as per notification dated,...)



The future depends on what you do today  
*M. Gandhi*

## STUDENT INTERNSHIP CERTIFICATE

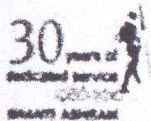
This certificate is awarded to Ms. Ariya N.S of Govt College for Women- Thiruvananthapuram who has successfully completed the Students Internship Programme from 15.03.2018 to 03.04.2018 at Shanti Ashram. She also actively participated in the other activities of the Ashram carried out at our head quarters and in our service villages during the 16 days Internship period.

SARVODAYA, Progress of all, as articulated by Mahatma Gandhi, provided the Inspiration for the founding of Shanti Ashram. Over the last 30 years their vision for an equitable and peaceful society, achieved through constructive and social action continues to live on, led by a group of committed professionals, field workers, volunteers and partners. We appreciate the enthusiastic participation of Ms. Ariya N.S in the Ashram's student internship programme and wish her the very best in the future.

*Dr. Kezevino Aram*  
Dr. Kezevino Aram  
President

*Mr. G. Vijayaragavan*  
Mr. G. Vijayaragavan  
Head, Youth Leadership Programme

SHANTI ASHRAM Shanti Ashram Road, Kovaipudur, Coimbatore 641 042, Tamilnadu, INDIA  
Tel: 91-422 -2605550 Website: [www.shantiashram.org](http://www.shantiashram.org)



**INTERSHIP REPORT**  
**AT**  
**CHILD RIGHTS AND YOU**  
**BANGLORE**



[www.cry.org](http://www.cry.org)

Ensuring lasting change  
for children

[www.cry.org](http://www.cry.org)

Ensuring lasting change for children

**MARCH 4 2019-APRIL 10 2019**

**SUBMITTED BY**

**ARYA S R**

**Under the guidance of**

**Ms.SOUMYA SURESH**


**(The Manager, Volunteer action at CRY)**

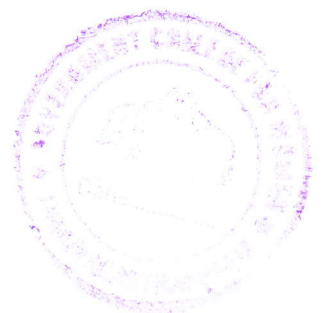
**In partial fulfilment of the requirement for the degree of Masters of Science in**

**MSc.EXTENSION EDUCATION**


**GOVERNMENT COLLEGE FOR WOMEN, TRIVANDRUM**

**Reg No:65618107002**

  
**PRINCIPAL**  
**GOVT. COLLEGE FOR WOMEN**  
**WANANTHAPURAM**



This is to certify that Arva S  
worked as an intern at CRY- Child Rights and You  
from 4<sup>th</sup> MARCH 2019 to 10<sup>th</sup> APRIL 2019

  
Soumya Suresh

MANAGER, VOLUNTEER ACTION



CHILD RIGHTS AND YOU

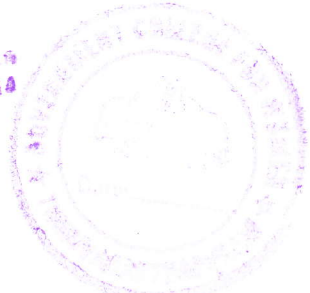
[www.cry.org](http://www.cry.org)

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Child art by: Adira M



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THIRUVANANTHAPURAM-10



**INTERNSHIP REPORT AT  
PRAYATNA CENTRE FOR CHILD DEVELOPMENT  
PALARIVATTAM, COCHIN**



**MARCH 4, 2019- April 10, 2019**

**SUBMITTED BY**

**GAYATHRI MURALI M.B**

**Under the guidance of**

**Ms.RINU ROY**

**(Psychologist and special educator, PCDC)**

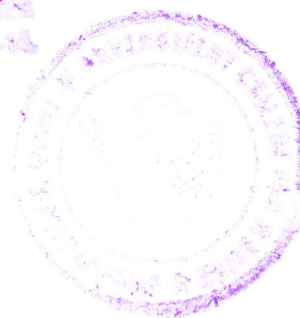
**Partial fulfilment of the requirement for the degree of Masters of  
Home Science in**

**MSc. EXTENSION EDUCATION**

**GOVERNMENT COLLEGE FOR WOMEN, THIRUVANANTHAPURAM**

**(Candidate code : 65618107003)**

*Shirley*  
GOVT. COLLEGE FOR WOMEN  
THIRUVANANTHAPURAM



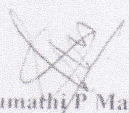
Ref: PCDC/INT/12/19

Date: 12/4/2019


TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms Gayathri Murali M.B, student of Masters of Home Science (Extension Education), Govt. College for Women Thiruvananthapuram has done her Observation and Internship in the Department of Psychology & Special Education from 4/3/2019 to 12/4/2019 at Prayatna Centre for Child Development, Cochin.


We wish her the Best of Luck in all her future endeavours.


  
Sumathi P Maney  
Manager

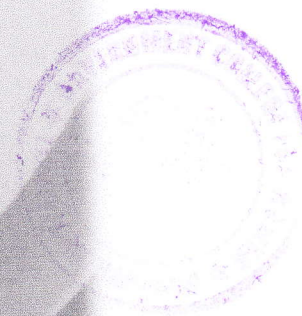


  
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GOVT. COLLEGE FOR WOMEN  
THIRUVANANTHAPURAM-14

Developmental Pediatrician  
Neurological Services  
Behavioral Therapy

 Occupational Therapy  
Sensory Integration Therapy  
Special Education

 Speech and Language Therapy  
Physiotherapy  
Neuro Developmental Therapy

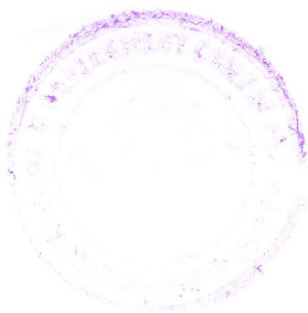



Appendix-II

**PROJECT COMPLETION CERTIFICATE  
(FOR ASPIRE SCHOLARSHIP - 2019-20)**

This is to certify that Smt GAYATHRI MURALI M B, PG student of GOVT. COLLEGE VAZHUTHACAUD, THIRUVANANTHAPURAM affiliated to All Saints College has successfully completed the Aspire Scholarship Project/Internship entitled "Creating awareness on zero waste among action research" within the stipulated month(s) from 04/02/2020 to 04/03/2020 under the supervision of Dr. Smitha Asok V, Assistant Professor in Environmental Sciences of our (All Saints College) institution.

  
GOVT. COLLEGE FOR WOMEN  
THIRUVANANTHAPURAM-14



  
(Office Seal) (Guide of Host Institution)  
**Dr. SMITHA ASOK V.,** M.Sc., M.Phil., Ph.D.  
Assistant Professor  
PG Department of Environmental Sciences  
All Saints College  
Thiruvananthapuram - 695 007



Encl: 1) Project Report

(Print)



## भारतीय अंतरिक्ष विज्ञान एवं प्रौद्योगिकी संस्थान

(वि.अ.आयोग अधिनियम 1956 की धारा-3 के अधीन भावी मानित विश्वविद्यालय घोषित)

भारत सरकार, अंतरिक्ष विभाग, वलियमला पोस्ट, तिरुवनंतपुरम 695 547 भारत



www.iist.ac.in

## Indian Institute of Space Science and Technology

(A Deemed to be University u/s 3 of the UGC Act, 1956)

Government of India, Department of Space

Valiamala P.O., Thiruvananthapuram 695 547 India

13.03.2020

### CERTIFICATE

This is to certify that HARSHA V had completed her Aspire project entitled "MENTAL HEALTH STATUS OF THE AGED POPULATION IN THE FLOOD AFFECTED AREAS OF ALAPPUZHA" during the period from 03-02-2020 to 03-03-2020 in the Indian Institute of Space Science and Technology, Valiamala P.O., Thiruvananthapuram. She has 100% attendance during this period.

Dr. Lekshmi V. Nair  
Associate Professor & Head  
Department of Humanities  
Indian Institute of Space Science and Technology  
Dept of Space, Govt of India  
Valiamala PO, Thiruvananthapuram - 695 547  
Office 2568670, Mob.9995779306



**A REPORT ON  
THE SUMMER INTERNSHIP AT  
AWARE INDIA, CHENNAI**

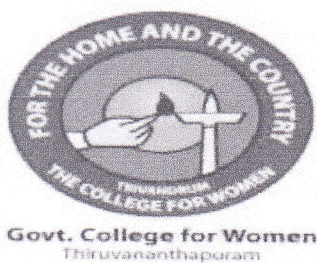
*A Report on Internship, submitted to the University of Kerala in  
Partial fulfilment of the requirement for the  
Master of Science in Home Science (Extension Education)*


**Submitted by**

**HARSHA.V**

**Reg. No: 65618107004**

**DEPARTMENT OF HOME SCIENCE,  
GOVT. COLLEGE FOR WOMEN, THIRUVANANTHAPURAM**



  
PRINCIPAL  
GOVT. COLLEGE FOR WOMEN  
THIRUVANANTHAPURAM-14



## INTERNSHIP CERTIFICATE

This is to certify that the Internship Report submitted by **HARSHA V**, Reg. No. 65618107004 to the Indian Institute of Kerala University in partial fulfillment of the requirements for the Post Graduation in MSc Home Science (Extension Education) is a bona fide record of the work done by her under my supervision and guidance.


The contents of this report, in full or in parts, have not been submitted to any other Institute or University for the award of any degree or diploma.

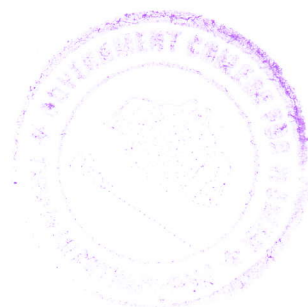
**Kavya R Menon,**

Internship Guide,  
Head of Research and Fundraising, Trustee,  
AWARE India Trust,  
Chennai – 600047

**Place: Chennai**

**Date: 13.04.2019**

  
PRINCIPAL  
GOVT. COLLEGE FOR WOMEN  
MANNANTRAPURAM-14





## भारतीय अंतरिक्ष विज्ञान एवं प्रौद्योगिकी संस्थान

(वि.अ.आयोग अधिनियम 1956 की धारा-3 के अधीन भावी मानित विश्वविद्यालय घोषित)

भारत सरकार, अंतरिक्ष विभाग, वलियमला पोस्ट, तिरुवनंतपुरम 695 547 भारत



www.iist.ac.in

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(A Deemed to be University u/s 3 of the UGC Act, 1956)

Government of India, Department of Space

Valiamala P.O., Thiruvananthapuram 695 547 India

13.03.2020

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Dr. Lekshmi V. Nair

Associate Professor & Head

Department of Humanities

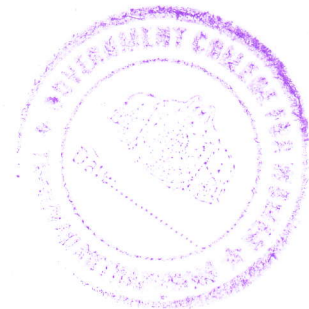
Indian Institute of Space Science and Technology

Dept of Space, Govt of India

Valiamala PO, Thiruvananthapuram - 695 547

Office 2568670, Mob.9995779306

PRINCIPAL  
GOVT. COLLEGE FOR WOMEN  
THIRUVANANTHAPURAM-14



**A REPORT ON**  
**THE SUMMER INTERNSHIP AT**  
**AWARE INDIA, CHENNAI**

*A Report on Internship, submitted to the University of Kerala in*

*Partial fulfillment of the requirement for the*

*Master of Science in Home Science (Extension Education)*

**Submitted by**

**MERIN JACOB**

**Reg. No: 65618107005**

**DEPARTMENT OF HOME SCIENCE,**

**GOVT. COLLEGE FOR WOMEN, THIRUVANANTHAPURAM**

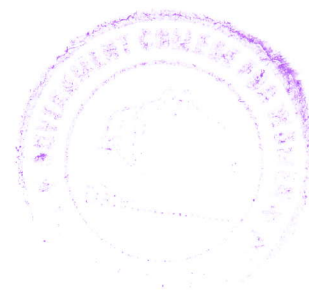


Govt. College for Women  
Thiruvananthapuram

*Handwritten signature in pink ink.*

**PRINCIPAL**  
**GOVT. COLLEGE FOR WOMEN**  
**THIRUVANANTHAPURAM.18**

1



## INTERNSHIP CERTIFICATE

This is to certify that the Internship Report submitted by **MERIN JACOB**, Reg. No. 65618107005 to the Indian Institute of Kerala University in partial fulfillment of the requirements for the Post Graduation in MSc Home Science (Extension Education) is a bona fide record of the work done by her under my supervision and guidance.

The contents of this report, in full or in parts, have not been submitted to any other Institute or University for the award of any degree or diploma.

**Kavya R Menon,**

**Internship Guide,**

**Head of Research and**


**Fundraising, Trustee,**

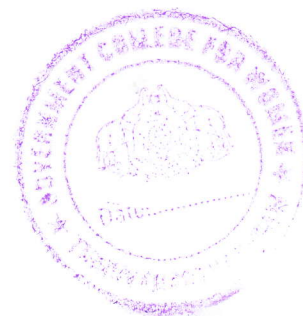
**AWARE India Trust,**

**Chennai – 600047**

**Place: Chennai**

**Date: 13.04.2019**

  
PRINCIPAL  
GOVT. COLLEGE FOR WOMEN  
THIRUVANANTHAPURAM.10





सत्यमेव जयते

## भारतीय अंतरिक्ष विज्ञान एवं प्रौद्योगिकी संस्थान

(वि.अ.आयोग अधिनियम 1956 की धारा-3 के अधीन भावी मानित विश्वविद्यालय घोषित)

भारत सरकार, अंतरिक्ष विभाग, वलियमला पोस्ट, तिरुवनंतपुरम 695 547 भारत



www.iist.ac.in

## Indian Institute of Space Science and Technology

(A Deemed to be University u/s 3 of the UGC Act, 1956)

Government of India, Department of Space

Valiamala P.O., Thiruvananthapuram 695 547 India

13.03.2020

### CERTIFICATE

This is to certify that MERIN JACOB had completed her Aspire project entitled DIGITAL LITERACY AMONG ELDERLY IN TRIVANANTHAPURAM DISTRICT during the period from 03-02-2020 to 03-03-2020 in the Indian Institute of Space Science and Technology, Valiamala, Trivandrum. She has 100% attendance during this period.

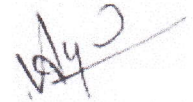
Dr. Lekshmi V. Nair  
Associate Professor & Head  
Department of Humanities  
Indian Institute of Space Science and Technology  
Dept of Space, Govt of India  
Valiamala PO, Thiruvananthapuram - 695 547  
Office 2568670, Mob.9995779306

PRINCIPAL  
GOVT. COLLEGE FOR WOMEN  
TRIVANANTHAPURAM-695 547



## CERTIFICATE

This is to certify that MIDHUNA C RAJ had completed her Aspire project entitled " A STUDY ON COASTAL POLLUTION AND WASTE MANAGEMENT IN THIRUVANANTHAPURAM DISTRICT" during the period from 30-01-2020 to 29-02-2020 in the Department of ENVIRONMENTAL SCIENCE, All saints college under my supervision and guidance . She had 100% attendance during this period.



Dr. Ayona jayadev  
Assistant Professor  
All Saint's College, Thiuruvananthapuram

*Dr. Ayona Jayadev*  
*Assistant Professor*  
*Post Graduate Dept. of Environmental Sciences*  
*All Saints' College*  
*Thiruvananthapuram - 695 007*



PRINCIPAL  
GOVT. COLLEGE FOR WOMEN  
THIRUVANANTHAPURAM-14



INTERNSHIP REPORT  
AT  
CHILD RIGHTS AND YOU  
BANGALORE



CHILD RIGHTS AND YOU

[www.cry.org](http://www.cry.org)

Ensuring lasting change  
for children

MARCH 4 2019 – APRIL 10 2019

SUBMITTED BY

MIDHUNA.C.RAJ

Under the guidance of

Ms. SOUMYA SURESH

(The Manager, Volunteer action at CRY)

In partial fulfillment of the requirement for the degree of Master of  
Science in

MSc. HOMESCIENCE EXTENSION EDUCATION

GOVERNMENT COLLEGE FOR WOMEN, TRIVANDRUM

Reg No :65618107006



PRINCIPAL  
GOVT. COLLEGE FOR WOMEN  
THIRUVANANTHAPURAM-14

## CONTENTS

Acknowledgement.....	
Declaration.....	
Introduction.....	1-2
Methodology.....	3-4
Internship description.....	5-6
Internship activities.....	7-21
Conclusion.....	22
Reference.....	23
Appendix.....	24-39



  
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GOVT. COLLEGE FOR WOMEN  
THIRUVANANTHAPURAM-14

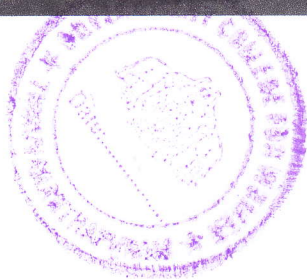
This is to certify that Medhina C RAI  
worked as an intern at CRY- Child Rights and You  
from 4<sup>th</sup> MARCH 2019 to 10<sup>th</sup> APRIL 2019

  
Soumya Suresh

Manager, Volunteer Action



CRY  
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for children





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GOVT. COLLEGE FOR WOMEN  
TIRUVANANTHAPURAM-14

**A REPORT ON  
THE SUMMER INTERNSHIP AT  
AWARE INDIA, CHENNAI**

*A Report on Internship, submitted to the University of Kerala*

*in Partial fulfillment of the requirement for the*

*Master of Science in Home Science (Extension Education)*

**Submitted by**

**RAJIMOL T**

**Reg. No: 65618107007**

**DEPARTMENT OF HOME SCIENCE,**

**GOVT. COLLEGE FOR WOMEN,  
THIRUVANANTHAPURAM**



**Govt. College for Women**  
Thiruvananthapuram



*[Signature]*  
PRINCIPAL  
GOVT. COLLEGE FOR WOMEN  
THIRUVANANTHAPURAM

## INTERNSHIP CERTIFICATE

This is to certify that the Internship Report submitted by **RAJIMOL T**, Reg. No. 65618107007 to the Indian Institute of Kerala University in partial fulfillment of the requirements for the Post Graduation in MSc Home Science (Extension Education) is a bona fide record of the work done by her under my supervision and guidance.

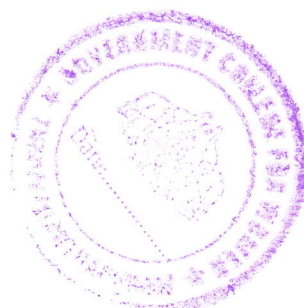
The contents of this report, in full or in parts, have not been submitted to any other Institute or University for the award of any degree or diploma.

**Kavya R Menon,**  
**Internshi p Guide,**  
**Head of Research**  
**and Fundraising,**  
**Trustee, AWARE**  
**India Trust,**  
**Chennai – 600047**

**Place: Chennai**

**Date: 13.04.2019**

  
PRINCIPAL  
GOVT. COLLEGE FOR WOMEN  
TIRUVANANTHAPURAM-14



**PROJECT COMPLETION CERTIFICATE**  
**(FOR ASPIRE SCHOLARSHIP - 2019-20)**

This is to certify that Sri/Smt. RAJIMOL T PG student of GOVT. COLLEGE FOR WOMEN, VAZHUTHACAUD, THIRUVANANTHAPURAM affiliated to All Saints College, Thiruvananthapuram has successfully completed her Aspire Scholarship Project/Internship entitled "CASE STUDY ON THE ACTIVITIES C5 ( change Can Change Climate Change) at THIRUVANANTHAPURAM " within the stipulated month(s) from 04/ 02/2020 to 04/03/2020 under the guidance of Dr. Reshma J K, Assistant professor and Head in Environment Sciences, of our (All Saints College) institution

*Deepa*

Signature

Name & Designation

(Head of the Host Institution)

*Reshma J K*  
10-03-2020  
Name & Designation  
(Guide of Host Institution)

Dr. RESHMA J.K.  
Assistant Professor and Head  
Dept. of Environmental Science  
All Saints College  
Thiruvananthapuram-673004  
Kerala

(Office Seal)



*Deepa*

(Principal/HOD/Institution)

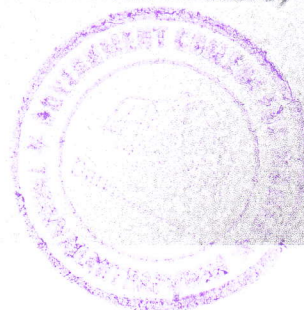
Principal

All Saints College  
Thiruvananthapuram

Encl:1) Project Report

2) Attendance certificate from parent institution (as per notification dated)

*[Signature]*  
PRINCIPAL  
GOVT. COLLEGE FOR WOMEN  
THIRUVANANTHAPURAM-14



**INTERSHIP REPORT**  
**AT**  
**CHILD RIGHTS AND YOU**  
**BANGALORE**



[www.cry.org](http://www.cry.org)

Ensuring lasting change  
for children

**MARCH 4 2019-APRIL 10 2019**

**SUBMITTED BY**

**SISIRA M.S NAIR**

**Under the guidance of**

**Miss. SOUMYA SURESH**

**(The Manager, Volunteer action at CRY)**

**In partial fulfilment of the requirement for the degree of Masters of Science in**

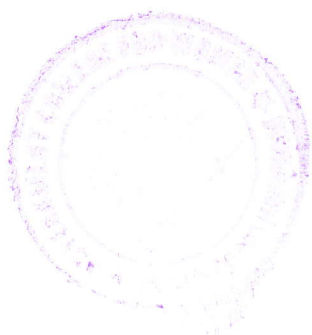
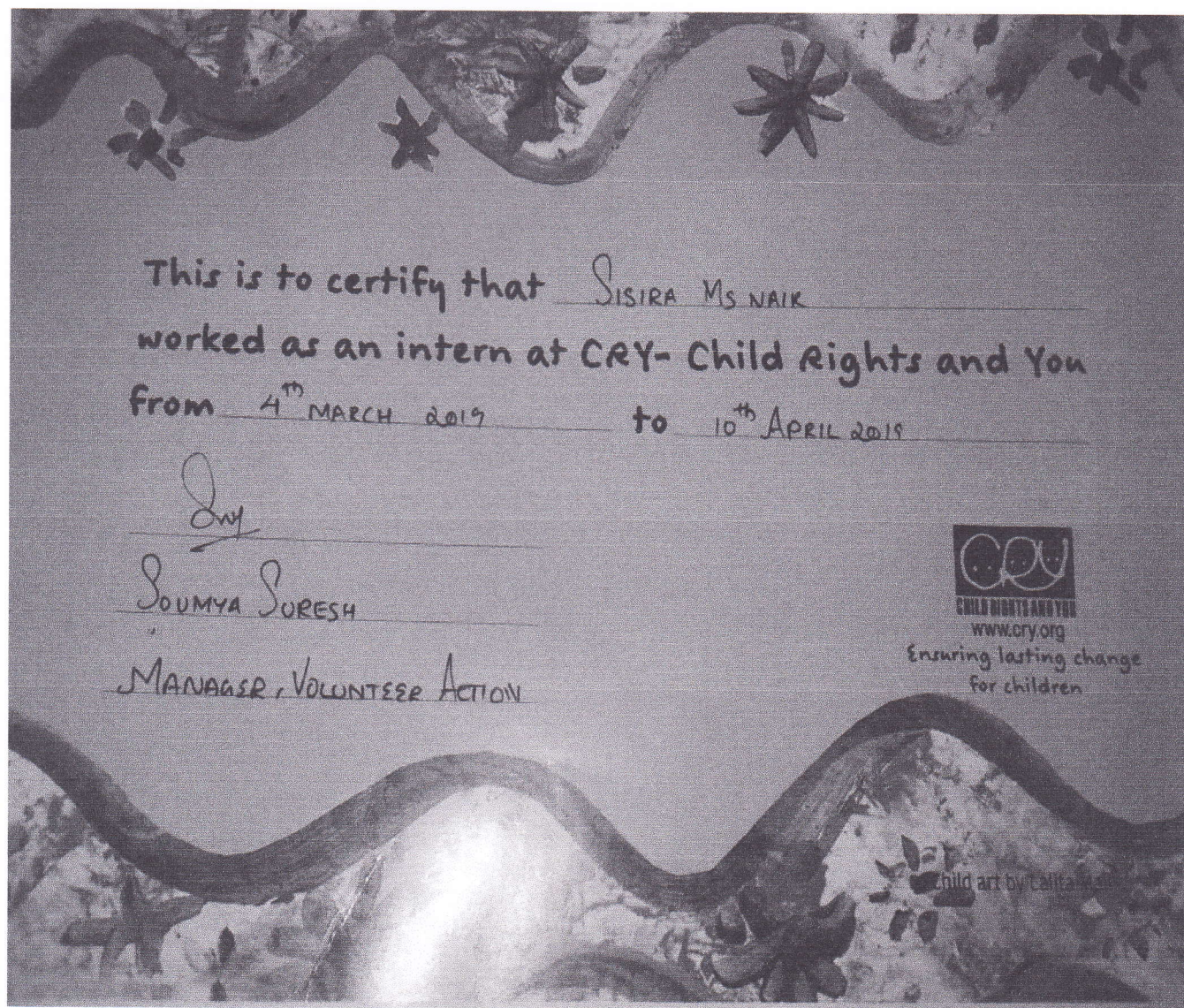
**MSc.EXTENSION EDUCATION**

**GOVERNMENT COLLEGE FOR WOMEN, TRIVANDRUM**

**Reg No: 65618107008**



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**PRINCIPAL**  
**GOVT. COLLEGE FOR WOMEN**  
**TRIVANDRUM-74**



*Shilpa*  
-1  
PRINCIPAL  
GOVT. COLLEGE FOR WOMEN  
TAMILVANDANAPURAM

# UNIVERSITY OF KERALA

DEPARTMENT OF BIOTECHNOLOGY  
UNIVERSITY CAMPUS  
KARYAVATTOM  
THIRUVANANTHAPURAM - 695 581



Phone No: 0471 - 2308778  
E mail: biotechkariavattom@gmail.com

[Re-Accredited by NAAC with 'A' Grade]

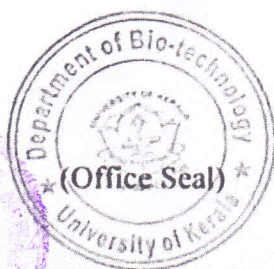
## Appendix-II

### PROJECT COMPLETION CERTIFICATE (FOR ASPIRE SCHOLARSHIP-2019-20)

This is to certify that **Smt. SISIRA M S NAIR** P G student of Govt COLLEGE FOR WOMEN, VAZHUTHACAUD, THIRUVANANTHAPURAM affiliated to UNIVERSITY OF KERALA has successfully completed his/her Aspire Scholarship Project/Internship entitled "FOOD SAFETY AND HANDLING PRACTICES OF STREET FOODS IN THIRUVANANTHAPURAM" within the stipulated month(s) from 06/02/2020 to 06/03/2020 under the guidance of **Dr. A Jayakumaran Nair**, Head, Department of Biotechnology, University of Kerala

*[Handwritten signature]*

PRINCIPAL  
GOVT. COLLEGE FOR WOMEN  
VAZHUTHACAUD  
THIRUVANANTHAPURAM-14



*[Handwritten signature]*

Signature  
Name & Designation  
(Head of the Host Institution)

**Dr. A. JAYAKUMARAN NAIR**  
Associate Professor & Head  
Department of Biotechnology  
University of Kerala, Kariavattom  
Thiruvananthapuram - 695 581

*[Handwritten signature]*

Name & Designation  
(Guide of Host Institution)  
**Dr. A. JAYAKUMARAN NAIR**  
Associate Professor & Head  
Department of Biotechnology  
University of Kerala, Kariavattom  
Thiruvananthapuram - 695 581  
(Principal/HOD/Institution)

- Encl: 1) Project Report  
2) Attendance certificate from parent institution (as per notification dated....)