

CURRICULAM VITAE



PERSONAL INFORMATION

Name: Fairoosa.T
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Date of birth: 04/06/1992

OFFICIAL ADDRESS

Assistant Professor in Home Science (Child Development),
Department of Home Science, Government College for Women,
Thiruvananthapuram, Kerala.

Permanent Address: Thottingal House, Pookkotur(PO), Malappuram, 676517.

QUALIFICATIONS

1. B.Sc Family and Community Science, KAHM Unity Women's College Manjeri, 2013, Calicut University.
2. MSc Home Science (Child Development and Behaviour Science), St. Teresa's College, Ernakulam, (MG University), 2015.
(Secured First rank in MG University).
3. MA Psychology (IGNOU, 2021)
4. PG Diploma in Counselling, 2016, Government of Kerala.
(Secured Third Rank)
5. UGC-NET (2014)
6. SET (2015)

TRAINING

Participated in the Faculty Induction Programme conducted by the UGC HRDC from 14/09/2022 to 15/10/2022 at Calicut University and obtained A+

EXPERIENCE & INTERNSHIPS

Lady Psychologist, Government, District Homoeo Hospital, Wayanad.

Guest Lecturer, Department of Home Science, KAHM Unity Women's College, Manjeri, Malappuram.

Lecturing experience [B.Sc Counseling Psychology] at B School international College, Kotakkal, Malappuram.

Teaching practice in hearing impaired children at Assisi Mount Higher Secondary School, Neerpara, Kotayam.

Counseling practice in Santhwana Institute of Counselling and Psychotherapy, Kacheripady, Ernakulam.

Internship programme on services to Child Sponsorship, Child line Services, Child Rights and welfare programmes, Community Health Suraksha Project at "Rajagiri outreach" Kalamassery, Kerala.

One Month Internship in counseling psychology at Human Care Foundation, Calicut. From 21/01/2021 to 06/03/2021.

Conducting Workshop on "Effective parenting"-For parents of preschoolers at B School International, Kotakkal, Malappuram

RESEARCH PAPERS

Degree project, topic on "A Comparative Study on Eating Habits of Adolescent Boys and Girls in Manjeri"

Thesis on "Fulfillment of Right to Nutrition and Right to Healthcare of Children of migrant workers in Ernakulam city".

Dissertation on "Psychosocial problems of schoolchildren".

Research on influence of social media on the personality and Adjustment of adolescents.

PUBLICATION: Chapter publication titled Food Safety Problems and Importance of Hygienic Food practices in Hotel Industry, in the book, Research Innovations in Food, Nutrition and Dietetics. ISBN: 978-93-91923-01-3 Oct 2022.

AWARDS:

University First Rank Holder, MSc Home Science (Child-Development) 2013-2015batch, ST.Teresa's College, Ernakulam, MG University.

3rdrank PG diploma in counseling, Government of Kerala.

3rdprize-Poster presentation of Degree project, topic on "A Comparative Study on Eating Habits of Adolescent Boys and Girls in Manjeri" (Research Advancement Programme (ReAP), St.Teresa's College, Ernakulam.

SEMINARS/WORKSHOPS ATTENDED

Participated two day national seminar on "Multi-Disciplinary Approach to Childhood Disability Management" Of "Centre for Disability Studies", held at Kanakakkunnu Palace, Thiruvananthapuram.

Participated in "Workshop on Childhood Communication Disorder", Punarjani 2010, at Bharat tourist home,Ernakulam.

Participated in UGC Sponsored National Seminar on "Sustainable Resource Management- Tools and Techniques. At St.Teresa's College, Ernakulam.

Judge and coordinator of Jamboree 2014 Inter Nursery Kids Contest.

Volunteer of "Chilamboly" special school state arts festival, 2015.

Participated in the 34th biennial National conference of Home Science Association of India on Innovation and Incubation opportunities in Home Science for self-reliant India held at St.Teresa's College Ernakulam. 2022.

OTHER ACTIVITIES

Delivering invited talks on Food Processing and Preservation ICDS Ottappalam, Palakkad WCD, CDPO, Anganwadi workers, Parents 19/09/2021.

FDP (21st Century Teaching Skills 3 Day international online FDP, 27-29 July 2020 KAHM Unity Women's College Manjeri, Organized by the Department of Home Science.

WEBINAR/ SEMINAR

<i>Sl No</i>	<i>Seminar/ workshop</i>	<i>Topic of seminar/ workshop</i>	<i>Institution</i>	<i>Title of paper presented</i>	<i>Duration</i>
1	National Webinar	Paradigm Shift in Home Science Education	Home Science Association of India(Kerala Chapter)	Participation only	3 days
2					
3	National Webinar	Challenges & Solutions in breast feeding	Indian Dietetic Association Kerala Chapter and St. Josephs college for women, Alappuzha	Participation only	1 day
4	Online Quiz	Breast feeding Awareness	Department of Clinical Nutrition and Dietetics, St. Teresa's College, Ernakulam	Completed	1 day
5	State level webinar	Traditional foods and wellness	IQAC and Home Science department, KAHM Unity Women's College, Manjeri	Participation	1 day
6	Online Quiz	Mental Health Awareness	CMS College Kottayam, Dept Home Science	Completed	1 day
7.	Virtual exhibition & International webinar series on ageing	Webinar series 2020 as part of international day of older persons	Gov college for women, Dept of Home Science,	Participation only	7 days
8.	Webinar	The Digitally Transformed Education Scenario- A teacher friendly view	IQAC and Home Science department, KAHM Unity Women's College, Manjeri	Participation only	1 day
9.	International webinar- Connecting the dots	Financial Empowerment of the Masses- the post Covid-Senario	Gov college for women, Dept of Commerce, UBA Cell, IQAC	Participant	1 day

10.	Webinar	Handlooms- The Rich Heritage of India	Dept of Fashion designing, women's study centre, St. Teresa's College, (Autonomous)Erna kulam	Participant	1 day
11.	International webinar- Connecting the dots	The role of philosophy in Pandemic crisis	Gov college for women, Dept of Philosophy, UBA Cell, IQAC	Participant	1 day
12.	International webinar- Connecting the dots	Problems of data relating to older people and Covid19: the case of India	Gov college for women, Dept of Home Science, UBA Cell, IQAC	Participant	1 day
13.	State level webinar	Amrithavars hini-on all about baby friendly feed	Dept of Home Science, Indian Dietetic Association, Kerala chapter	participant	1 day
14.	International online Faculty Development Programme	21 st Century teaching skills	KAHM Unity Women's College ,Dept of Home Science	Participant	3 days
15.	Online Quiz	Fight Cancer with lifestyle & Diet	Dept of Family & Community Science, CMS College Kottayam	Completed	1 day

Additional responsibilities held in the college

<i>Sl No</i>	<i>Name of key role</i>	<i>Name of institution at which the role was held</i>	<i>Duration of the role</i>	<i>Academic year in which it was held</i>
1	Co-convener of Health Education club	Govt College for Women, TVPM	1 year	2020 -2021
2.	Executive member in Anti- Narcotics Cell	Govt College for Women, TVPM	1 year	2020 -2021
3.	Class Tutor (BSc Home Science 2020- 23)	Govt College for Women, TVPM	1 year	2020 -2023
4.	UG Admission convener (Dept level)	Govt College for Women, TVPM	2 month	2021-22

- Role as Department NAAC Convener for the year 2021 to 2026.
- Member In Discipline Committee
- Co-convener in Health Education club.
- Date of Appointment in Government service: 30/01/2020.
- Academic counselor for students in IGNOU, DECE- Diploma in Early Childhood care & Education.